

# Article STXBP6 Gene Mutation: A New Form of SNAREopathy Leads to Developmental Epileptic Encephalopathy

Mirella Vinci<sup>1,†</sup>, Carola Costanza<sup>2,†</sup>, Rosanna Galati Rando<sup>1</sup>, Simone Treccarichi<sup>1</sup>, Salvatore Saccone<sup>3</sup>, Marco Carotenuto<sup>4</sup>, Michele Roccella<sup>2</sup>, Francesco Calì<sup>1,\*</sup>, Maurizio Elia<sup>1</sup>, and Luigi Vetri<sup>1</sup>

- <sup>1</sup> Oasi Research Institute-IRCCS, 94018 Troina, Italy; mvinci@oasi.en.it (M.V.); rgalati@oasi.en.it (R.G.R.); streccarichi@oasi.en.it (S.T.); melia@oasi.en.it (M.E.); lvetri@oasi.en.it (L.V.)
- <sup>2</sup> Department of Psychology, Educational Science and Human Movement, University of Palermo,
- 90141 Palermo, Italy; carola.costanza@unipa.it (C.C.); michele.roccella@unipa.it (M.R.)
  <sup>3</sup> Department Biological, Geological and Environmental Sciences, University of Catania, Via Androne 81,
- 95124 Catania, Italy; saccosal@unict.it
   Clinic of Child and Adolescent Neuropsychiatry, Department of Mental Health, Physical and Preventive Medicine, University of Campania "Luigi Vanvitelli", 80131 Naples, Italy; marco.carotenuto@unicampania.it
- \* Correspondence: cali@oasi.en.it
- <sup>+</sup> These authors contributed equally to this work.

**Abstract:** Syntaxin-binding protein 6 (STXBP6), also known as amysin, is an essential component of the SNAP receptor (SNARE) complex and plays a crucial role in neuronal vesicle trafficking. Mutations in genes encoding SNARE proteins are often associated with a broad spectrum of neurological conditions defined as "SNAREopathies", including epilepsy, intellectual disability, and neurode-velopmental disorders such as autism spectrum disorders. The present whole exome sequencing (WES) study describes, for the first time, the occurrence of developmental epileptic encephalopathy and autism spectrum disorders as a result of a de novo deletion within the *STXBP6* gene. The truncated protein in the *STXBP6* gene leading to a premature stop codon could negatively modulate the synaptic vesicles' exocytosis. Our research aimed to elucidate a plausible, robust correlation between *STXBP6* gene deletion and the manifestation of developmental epileptic encephalopathy.

Keywords: STXBP6 gene; epilepsy; next-generation sequencing; SNAP25; amysin

## 1. Introduction

In 2022, the International League Against Epilepsy (ILAE) Task Force on Nosology and Definitions divided epilepsy syndromes with onset in neonates and infants into two groups: self-limited epilepsy syndromes that present a spontaneous age-related remission and developmental and epileptic encephalopathies (DEEs), syndromes in which there is a constant impairment of neurodevelopment [1].

DEEs are typically severe neurodevelopmental disorders characterized by recurrent epileptic seizures with neonatal or childhood onset accompanied by psychomotor impairment and subsequently intellectual disability. Typically, seizures are initially drug-resistant and cognitive impairment follows the onset of seizures.

The typical evolution of DEEs has suggested that seizures and interictal EEG abnormalities may contribute to altering the individual's normal cognitive development. From this perspective, epileptic encephalopathies were defined by the ILAE as the condition in which "epileptic activity itself contributes to severe cognitive and behavioral impairments above and beyond what might be expected from the underlying pathology alone" [2]. However, in light of the growing evidence on the genetic etiopathogenesis of DEEs in 2017, the ILAE suggested using the term "developmental and epileptic encephalopathy" (DEE) to underline that both aspects, genetics and electrical activity, can play a crucial role in clinical presentation [3].



Citation: Vinci, M.; Costanza, C.; Galati Rando, R.; Treccarichi, S.; Saccone, S.; Carotenuto, M.; Roccella, M.; Calì, F.; Elia, M.; Vetri, L. STXBP6 Gene Mutation: A New Form of SNAREopathy Leads to Developmental Epileptic Encephalopathy. *Int. J. Mol. Sci.* 2023, 24, 16436. https://doi.org/10.3390/ ijms242216436

Academic Editor: Merlin G. Butler

Received: 22 September 2023 Revised: 13 November 2023 Accepted: 15 November 2023 Published: 17 November 2023



**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). The DEEs include a wide spectrum of manifestations and can be caused by specific gene variants, mutations, or biological factors [4]. Symptoms encompass a spectrum of neuropsychomotor developmental impairments and neurodevelopmental disorders, such as autism spectrum disorders (ASDs), behavioral disorders, and intellectual disability (ID) [3]. The study carried out by Poke et al. [3] on DEE epidemiology emphasized how challenging it is quantifying DEE patients, as many children cannot be classified under any known epilepsy syndromes. However, this study proposed a cumulative DEE incidence rate of 169/100,000 children [5]. Significant challenges influence the care dynamics of caregivers and the overall families of the individuals affected. The severe neurodevelopmental disorders around the affected family member, resulting in a significant impact in the whole family structure [6].

The genetic landscapes of DEEs are very complex, and an increasing number of new DEE-associated genes have been identified. DEEs can now often be related to pathogenic variants in genes regulating electrical or neurotransmitter-mediated intersynaptic transmission. Moreover, several mutations have the potential to trigger epileptic encephalopathy in certain individuals while causing self-limited epilepsy in others [7,8].

The intricate neural cell crosstalk encompasses numerous signaling pathways regulated via several gene transcriptional processes that modulate the synaptic vesicle cycle. Moreover, astrocytes within glial cells actively modulate the ionic environment, influencing cellular crosstalk in several neural injury conditions, including neurodegenerative disorders [9,10].

SNAREs (soluble N-ethylmaleimide-sensitive factor attachment protein receptor) are a complex family of proteins implicated in synaptic vesicle exocytosis and synaptic transmission. The SNARE complex enables the fusion of the synaptic vesicles with the presynaptic terminals. The role of the SNARE complex, involved in neural communication and activity, is crucial for neurotransmitter release [11,12]. Mutations in genes encoding SNARE proteins have been associated with a broad spectrum of neurological conditions defined as SNARE opathies. These conditions can etiologically belong to multiple syndromes, from simple febrile seizures and infantile spasms to severe early-onset epileptic encephalopathies [13]. Moreover, SNAREopathies also encompass ID, ASD, and movement disorders, although the exact mechanism by which mutations in the SNARE protein cause neurodevelopmental impairment is still largely unknown [14].

ASDs are characterized by early-life developmental anomalies, including deficiencies in synaptogenesis and neurotransmission [15]. Recent advances in sequencing technology have confirmed that the etiology of ASDs is multigenic and highly heterogeneous. Among the candidate genes, the ones related to the SNARE complex (*SNAP25, STX1A*, and *VAMP2*) have also been described as pathogenetic for ASDs [16].

The core SNARE complex includes a wide range of proteins, forming a four-helix bundle. This structure consists of two SNAP25 helices (encoded by SNAP25), one syntaxin 1A helix (encoded by the *STX1A* gene), and one synaptobrevin 2 helix (encoded by *VAMP2*) [17]. Causative variants within these genes responsible for SNARE protein synthesis encompass a wide array of genetic alterations, including homozygous splice variants, de novo missense variants, and in-frame deletions affecting only a few amino acids [18].

Genetic variants in genes encoding SNARE complex components, such as SNAP25, have been strongly linked to early-onset developmental epileptic encephalopathy [19]. Mutations in VAMP1/synaptobrevin have also been linked to neurological disorders, as previously reported [20]. As was outlined in previous studies, STX1A is pivotal in calcium-dependent exocytosis and the endocytosis of hormones and neurotransmitters [21]. Furthermore, it is involved in regulating calcium-dependent acrosomal exocytosis in sperm. Additionally, it plays a crucial role in the exocytosis of hormones like insulin or glucagon-like peptide 1 (GLP-1), as indicated by functional similarity [22].

Within the proteins encompassed in the SNARE complex, the syntaxin-binding protein featuring several isoforms is crucial in contributing to the specificity and diversity observed in vesicle trafficking and membrane fusion processes [23,24]. Syntaxin-binding protein six (*STXBP6*) (MIM603215) is essential in regulating SNARE complex formation and neuronal vesicle trafficking. Its protein binds syntaxin-1, syntaxin-4, and SNAP25, forming non-fusogenic complexes that facilitate VAMP2-mediated membrane fusion [23,25,26]. STXBP6 is a 210-amino acid polypeptide containing a unique N-terminus and a C-terminal coiled-coil domain that lacks a hydrophobic stretch that could serve as a transmembrane anchor. It is located in the Golgi apparatus in undifferentiated PC12 cells, regulating trans-Golgi network trafficking and the secretory pathway via its coiled-coil domains [27,28].

While the modification of *STXBP6* is associated with various diseases in different human tissues, including potential roles in neurodegenerative diseases like Alzheimer's disease (AD), Pick's disease, and frontotemporal dementia (FTD), its association with DEE in humans has not been previously described [29,30]. To date, no variants within the *STXBP6* gene have been associated with any diseases in humans.

In this study, we reported the first literature-documented case of a DEE associated with a de novo *STXBP6* mutation directly affecting the function of this specific protein.

## 2. Results

#### 2.1. Case Description

The 7-year-old girl was the second daughter of healthy, non-consanguineous parents. Intrauterine growth restriction (IUGR) and reduced fetal movements were observed during pregnancy. The baby was born at 33 gestational weeks, and it was delivered via emergency caesarean section due to maternal preeclampsia. The birth weight registered was 1680 g (z-score: -0.665), while the length was 39 cm (z-score: -1.922), the head circumference was 28 cm (z-score: -1.773), and the APGAR score was 8–9.

At birth, the child presented respiratory distress, jaundice, anemia, apnea crisis, retinopathy, and marked hypotonia. Due to the persistence of hypotonia and low weight gain, the newborn underwent an ultrasound brain scan, which exhibited evidence of periventricular hyperechogenicity and bilateral slight dysmorphism showing asymmetry of the frontal horns of the lateral ventricles. The following metabolic analyses were within normal limits: plasma and urine amino acids, chitotriosidase, acetylcarnitine, and urinary mucopolysaccharides dosages.

From an early age, it was observed that sucking problems led to poor weight gain and difficulties in feeding. From the age of 12 months, the girl underwent a rehabilitation path of physio kinesiotherapy, psychomotor treatment, and speech therapy. At around 16 months, the clinical situation of the child was characterized by growth delay, with a weight of 6.8 kg (z-score: -2.799), a length of 69.5 cm (z-score: -2.933), and a head circumference of 41.5 cm (z-score: -1.558). Lallation was absent; eye contact was present. Generalized muscle hypotonia and ligamentous hyperlaxity were detected in the overall body assessment. Reflexes were normal and bilaterally symmetrical in both extremities, and clonus was absent. Good head control, trunk control in acquisition, and poor hand–eye coordination skills were observed. During eye examination, an alternating esotropia condition and the excavation of the papilla were detected in both the right and left eyes. The thyroid-stimulating hormone level was 9.420  $\mu$ U mL<sup>-1</sup>, while the free thyroxine showed normal values, indicating primary hypothyroidism. Therefore, a treatment based on levothyroxine was started.

At 19 months, the child suffered from two episodes of simple febrile seizures. At 22 months, the child recorded a weight of 7.8 kg (z-score: -2.702), a length of 77 cm (z-score: -2.001), and a head circumference of 42.5 cm (z-score: -2.983). All the analyzed anthropometric data are summarized in Table 1. During this period, monthly seizures occurred, characterized by loss of consciousness, staring eyes, and snoring sounds. Consequently, a treatment based on valproic acid was started with progressive dosage increments without

achieving seizure-free status (40 mg twice a day; 80 mg twice a day; 125 mg twice a day; and 150 mg twice a day).

**Table 1.** Anthropometric measurements at different ages.

Life Stage	Weight	Length	Head Circumference
At birth	1680 g	39 cm	28 cm
At 16 months	6.8 kg	69.5 cm	41.5 cm
At 22 months	7.8 kg	77 cm	42.5 cm

Visual potentials evoked via flash and pattern stimulation exams showed regular morphology, reduced amplitude, and increased latency time. The magnetic resonance imaging (MRI) performed at 22 months revealed microcephaly, a simplified cortical spinning pattern, mild ventriculomegaly, and periventricular white substance thinning (Figure 1). A slight delay in myelination was also detected, which was related to regions of altered hyperintense signal in FLAIR in bilateral periventricular with extension to bilaterally radiated crowns. The imaging also detected hypoplasia of the corpus callosum and anterior commissure, in addition to dysmorphism of the diencephalic–mesencephalic junction, with a partial fusion between the midbrain and hypothalamus/anterior optic tracts, as well as a small median cleft.



**Figure 1.** An axial MRI T2 image at 22 months shows a simplified cortical spinning pattern, mild ventriculomegaly, and periventricular white substance thinning.

Starting at 24 months, documented generalized tonic–clonic seizures appeared together with perioral cyanosis, manifesting as a bluish discoloration of the distal extremities. Consequently, a therapy regime with levetiracetam was started as an additional treatment, determining several years of freedom from seizures.

At around the age of two, the electroencephalogram (EEG) recorded showed slow background activity without evident epileptiform abnormalities within the normal limits concerning morphology, amplitude, and latency time.

At approximately 30 months, the weight was 8.5 kg (z-score: -3.401) and the length was 83 cm (z-score: -2.175), while the body mass index (BMI) was 12.3 kg/m (z-score: -2.908). The clinical picture at this age showed a potential and inconstant lack of eye contact, ligamentous hyperlaxity, and axial and segmental muscle hypotonia. It was also observed that autonomous transitional movements occurred in postural passages, including the assumption of all four positions. With assistance, the child could stand upright and

take a few steps. Dysmorphic features were observed, such as epicanthus, broad nasal root, wide auricles, periorbital fullness, wide mouth, full lips, tapered fingers, and long and thin feet (Figure 2).



**Figure 2.** Dysmorphic features of the patient with a *STXBP6* mutation. (**a**) Broad nasal root, wide auricles, periorbital fullness, wide mouth, and full lips. (**b**) Tapered fingers. (**c**) Long and thin feet.

From the age of four, sporadic seizures occurred with a frequency of about one episode per year, often triggered by fever and characterized by eye fixity, break of contact, hypertonia, cyanosis, and subsequent hypotonia (with an average of 30 s). The 7-year EEG showed sharp waves and short sequences of fast activity over the temporal regions of the two hemispheres (Figure 3). At the age of seven, the clinical phenotype was characterized by unsupported eye-catching, non-response to name, inappropriate laughter, and lack of speech. According to these features, a diagnosis of autism spectrum disorder was made according to the DSM 5 criteria [31]. Autonomous gait was present, even if uncertain and broadly based (acquired by about two years). Ligamentous hyperlaxity, reduced tone and trophism, fascination for water, motor stereotypes, and echolalia were also present. Considering the girl's clinical picture, karyotype (46XX), array CGH, and molecular analysis of critical regions for Prader–Willi and Angelman syndrome were performed, and the results were all normal; therefore, whole exome sequencing (WES) was carried out.



**Figure 3.** Electroencephalogram (EEG) showing sharp waves (red rectangles) and short sequences of fast activity (blue rectangles) over the temporal regions (T4–T6 and T3–T5) of the two hemispheres.

## 2.2. NGS

NGS analysis revealed the presence of a novel heterozygous de novo variant, specifically c.313\_323delGAAAATGCTTT within the *STXBP6* gene (NM\_014178.8) (Figure 4a).

Sanger sequencing on the family members (patient, father, and mother) confirmed the presence of this mutation in the child affected by a DEE (Figure 4b). Remarkably, this deletion leads to the generation of a premature termination codon at p.Glu105Ter, resulting in the truncation of the protein (Figure 4c).



**Figure 4.** (a) Next-generation sequencing (NGS) visualization with the IGV (Integrative Genomics Viewer) of the deletions of GAAAATGCTTT nucleotides (reverse) in the *STXBP6* gene. Pink and blue reads are aligned to the forward strand and reverse strand, respectively. Reads total count: patient = 123 (AAAGCATTTTC = 48 reads; deletion = 54 reads); father = 77; and mother = 123. (b) Sanger sequencing displaying the frameshift of the reading frame observed in the patient. Parents exhibited the wild-type alleles, confirming the de novo mutation detected in the clinical case. (c) In the patient, de novo heterozygous deletion results in a frameshift and premature termination codon (p.Glu105Ter).

The prediction showed a notable variation in the polypeptide length, variating from the standard 210 amino acids to a modified length of 105 amino acids. As a result, the modified protein lacked the domain "N-terminal pleckstrin homology" (amino acids 151–210) (Figure 5a).



**Figure 5.** (a) In silico prediction model of the protein structure of syntaxin-binding protein 6 (amisyn) generated via the Uniprot database. Deletions c.313\_323delGAAAATGCTTT in the *STXBP6* gene (NM\_014178.8) generate a premature termination codon at p.Glu105Ter. The truncated protein exhibited a significant reduction in the amino acids in the polypeptide chain (105 versus 210), with the absence of the "N-terminal pleckstrin homology" domain (aa 151–210). The missing branch represented by the truncated domain significantly affects the fusion with the vesicle and thereby with the plasma membrane. (b) Model of the role of amisyn in secretory vesicle exocytosis (modified by Kondratiuk et al., 2020) [32]. Amisyn acts as a negative regulator of the SNARE complex by competing with the fusion-active synaptobrevin-2. Amisyn contains a N-terminal pleckstrin homology domain (deleted in the patient) that mediates its transient association with the plasma membrane, modulating the entire exocytosis process.

The novel mutation detected was not found in the HGMD Professional Database 2023.2 (www.hgmd.cf.ac.uk) (accessed on 10 July 2023), 1000 Genomes Database, Exome Aggregation Consortium, or GnomAD.

## 3. Discussion

To date, no variants within the *STXBP6* gene have been associated with any diseases in humans. In the present study, we have, for the first time, associated the *STXBP6* gene in a patient diagnosed with a DEE. Therefore, as expected, the Mendelian Inheritance in Man (MIM) number has not been assigned yet. The deletion detected (c.313\_323delGAAAATGCTTT) in the gene *STXBP6* leads to the generation of the premature stop codon (p.Glu105Ter), thus causing the loss of the "N-terminal pleckstrin homology" domain. Amisyn (*STXBP6* gene) acts as a negative regulator of the SNARE complex, modulating exocytosis [25]. The SNARE complex is a composite network of proteins, and disturbances in any of its components can bring about diverse effects on cellular function and contribute to different pathological conditions. The SNARE complex is involved in vesicle fusion, neurotransmitter release in neurons, and membrane trafficking and fusion in other cells [12,33]. Consequently, a modification similar to the one

we detected in the three-dimensional structure folding of a SNARE complex protein can significantly impact this process.

Several neurological and neurodevelopmental disorders have been associated with mutations in the SNARE complex proteins due to the fundamental involvement of the complex in cortical synaptic growth in the first months of life. Variants in the *STX1B* gene contribute to many distinct epilepsy phenotypes [34]. Mutations in the syntaxin-1A (*STX1A*) gene have been linked to early-onset epileptic encephalopathy [35]. Mutations in this gene can disrupt synaptic vesicle release and neurotransmitter signaling, leading to seizures and cognitive impairments.

In addition to STXBP6, numerous STXBPs also interact with syntaxin (STX) in regulating the SNARE complex during the exocytosis process. Despite their distinct threedimensional structure, they share the main function of binding to STX1 and assembling into the SNARE complex [26,36]. These proteins are, for example, STXBP1A, STXBP1B, and STXBP4. They are also associated with DEEs, as described by numerous studies [37–40]. Based on the previously mentioned studies, we can hypothesize that functional modifications in the amino acid sequences of different STXBP genes may be associated with a similar clinical presentation characterized by epilepsy. For example, the work of Yamashita et al. (2016) [41] revealed a nonsense mutation in the STXBP1 gene related to a 50% reduction in mRNA and protein expression levels in comparison to the control neurons. This nonsense mutation caused a DEE in the patient. Grone et al.'s (2016) research on zebrafish mutants [42], through CRISPR/Cas9 gene editing, further supports our study. They observed severe effects in homozygous stxbp1a mutants, including immobility, reduced brain activity, and early mortality, while homozygous *stxbp1b* mutants displayed spontaneous seizures. Saitsu et al. (2008) [43] also found a de novo 2.0Mb microdeletion in the STXBP1 gene associated with DEEs using array comparative genomic hybridization (array CGH).

As previously reported [26], STXBP6 directly interacts with proteins (STX4) implicated in synaptic vesicles and the molecular regulation of neurotransmitter release, playing a pivotal role in the synaptic function of specific neuronal systems (SNAP25). SNAP25 was involved in ASD, seizures, and ID [44]. SNAP25 is a component of the trans-SNARE complex, responsible for governing the specificity of membrane fusion by forming a tight complex that brings the synaptic vesicle and plasma membranes together [45] (Figure 5a). Therefore, the STRING analysis revealed a robust interaction between the *STXBP6* and *SNAP25* genes, reinforcing the well-documented association of *SNAP25* with autism. As extensively reported in the literature, polymorphisms in the *SNAP25* gene are intricately related to ASDs [46–48].

Moreover, in a study conducted on a patient showing both an ASD and coloboma [49], a mosaicism involving the formation of a ring chromosome was identified. The detected mosaicism included an inverted duplication of the proximal region of chromosome 14, encompassing the *STXBP6* gene. This chromosomal aberration resulted in the silencing of the *STXBP6* gene, ultimately triggering the development of ASD. Similarly, in a multi-omics data integration study [50], *STXBP6* was identified as a candidate gene for ASD.

In our patient, the presence of a severe DEE with a comorbid ASD led us to suppose that this clinical picture is linked with the pathogenic variant identified in the *STXBP6* gene.

However, further investigations are needed, and a larger cohort of patients must be identified to gain a more comprehensive clarification of the phenotype associated with *STXBP6* gene-related disorders. Furthermore, functional assays will provide insights into the precise consequences of *STXBP6* mutation.

#### 4. Materials and Methods

## 4.1. Libraries Preparation and NGS Analysis

Genomic DNA was isolated from peripheral blood leukocytes obtained from the clinical case, as well from the father and the mother. The extraction protocol applied was a non-organic and non-enzymatic extraction method developed by Lahiri et al., 1992 [51]. Exome analysis was performed using the Ion AmpliSeq<sup>TM</sup> Exome RDY kits, following the

manufacturer's instructions (Thermo Fisher Scientific, Waltham, MA, USA). The quality of libraries was assessed using DNA 1000 chips on the Tape Station 4200 (Agilent, Santa Clara, CA, USA) and Qubit dsDNA BR Assay kits (Invitrogen, Waltham, MA, USA). Template preparation, clonal amplification, recovery, and enrichment of template-positive Ion Sphere<sup>™</sup> particles and loading of sequencing-ready Ion Torrent semiconductor chips were performed with the Ion Chef<sup>™</sup> system (Thermo Fisher Scientific, Waltham, MA, USA). Finally, we sequenced each loaded Ion 550<sup>™</sup> chip on the S5 system (Thermo Fisher Scientific, Waltham, MA, USA). Overall, 98% of regions of interest have a minimum coverage of at least 20X. Data of runs were processed using the Ion Torrent Suite 5.16, Variant Caller 5.16, Coverage Analysis 5.16 (Thermo Fisher Scientific, Waltham, MA, USA), Ion Reporter (Thermo Fisher Scientific, Waltham, MA, USA), and/or wANNOVAR tools [52]. DNA sequences were displayed using Integrated Genomics Viewer [53].

We confirmed pathogenic variants via conventional Sanger sequencing (Applied Biosystems Prism 3130 DNA Analyzer, Thermo Fisher Scientific, Waltham, MA, USA).

#### 4.2. Data Analysis

Data analysis was performed to assess the structure of the STXBP6 protein using the Uniprot database (https://www.uniprot.org/) (accessed on 10 July 2023). Specifically, the Uniprot model of the STXBP6 protein is shown in Figure 5a. Additionally, Figure 5b reports the secretory vesicle exocytosis model developed by Kondratiuk et al. (2020) [32].

On the other hand, for the data analysis of the sequence, we excluded all the common variants and non-exonic polymorphisms, keeping polymorphisms with a minor allele frequency (MAF) of <1% in the public databases gnomAD Exomes, 1000 Genome Project, and Exome Sequencing Project. The pathogenic variants were searched in the Human Gene Mutation Database (HGMD Professional 2023). Specifically, we used the VarAFT filtering and annotation tool (https://varaft.eu/) on vcf files (accessed on 10 July 2023). The variation that we found was classified according to the "American College of Medical Genetics" (ACMG) guidelines [54], and it was performed with VarSome in accordance with Kopanos et al. (2019) [55] and other literature evidence [56]. The evidence of pathogenicity was assigned to each variant identified as follows: benign, likely benign, uncertain significance, likely pathogenic, and pathogenic.

The model for understanding the interaction between the STXBP6 protein and other SNARE proteins was developed utilizing the STRING database (https://string-db.org/) (accessed on 10 July 2023) to construct a functional protein association network. This approach allowed for a comprehensive exploration of potential interactions, enhancing our understanding of the roles played by STXBP6 in intracellular vesicle dynamics and synaptic membrane processes.

## 5. Conclusions

In conclusion, our study presents a novel and compelling case of developmental epileptic encephalopathy and ASD resulting from a de novo deletion within the *STXBP6* gene, responsible for encoding the pivotal syntaxin-binding protein 6 (STXBP6), also known as amysin. These findings provide valuable insights into the potential involvement of the *STXBP6* gene in the pathogenesis of neurological conditions, expanding on the body of evidence on SNAREopathies.

This report not only aids in advancing our comprehension of certain forms of DEEs but also underscores the significance of persistent research into the genetic factors underlying early-onset epilepsy. Further investigations are essential to validate the novel gene mutation and gain a deeper understanding of the intricate interaction among genes encoding proteins involved in the exocytosis process.

We aimed at bringing our study to the attention of the scientific community in order to stimulate future functional research, which may elucidate the pathogenic mechanisms of the *STXBP6* gene. This could ultimately confirm the role of the *STXBP6* gene in the etiology of developmental and epileptic encephalopathy (DEE). Moreover, the identification of more

10 of 12

patients with *STXBP6* gene mutations could facilitate a more precise delineation of the genotype–phenotype correlation.

Author Contributions: Conceptualization, M.V., F.C., C.C. and L.V.; methodology, M.V., R.G.R. and F.C.; resources, L.V., M.E. and F.C.; data curation, F.C., S.S., M.R. and M.C.; writing—original draft preparation, M.V., C.C., S.T., F.C. and L.V.; writing—review and editing, M.V., C.C., S.T., F.C., L.V., S.S. and M.E.; supervision, F.C., L.V., S.S. and M.E. All authors have read and agreed to the published version of the manuscript.

**Funding:** This work was partially supported by the Italian Ministry of Health "Ricerca Corrente 2022" and 5  $\times$  mille.

**Institutional Review Board Statement:** All procedures performed in this study were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards. The study was conducted in accordance with the Declaration of Helsinki and approved by the local ethics committee "Comitato Etico IRCCS Sicilia-Oasi Maria SS". on 5 April 2022, approval code: 2022/04/05/CE-IRCCS-OASI/52.

**Informed Consent Statement:** Written informed consent was obtained from all the subjects and the parents of the underage subjects.

Data Availability Statement: Data are contained within the article.

**Acknowledgments:** We would like to thank Valeria Chiavetta, Angelo Gloria, and Alda Ragalmuto Mannino for their technical contribution. Special acknowledgements are due to Eleonora Di Fatta for her valuable assistance in the revision and translation of the text.

Conflicts of Interest: The authors declare no conflict of interest.

#### References

- Zuberi, S.M.; Wirrell, E.; Yozawitz, E.; Wilmshurst, J.M.; Specchio, N.; Riney, K.; Pressler, R.; Auvin, S.; Samia, P.; Hirsch, E.; et al. ILAE Classification and Definition of Epilepsy Syndromes with Onset in Neonates and Infants: Position Statement by the ILAE Task Force on Nosology and Definitions. *Epilepsia* 2022, 63, 1349–1397. [CrossRef]
- Berg, A.T.; Berkovic, S.F.; Brodie, M.J.; Buchhalter, J.; Cross, J.H.; Van Emde Boas, W.; Engel, J.; French, J.; Glauser, T.A.; Mathern, G.W.; et al. Revised Terminology and Concepts for Organization of Seizures and Epilepsies: Report of the ILAE Commission on Classification and Terminology, 2005–2009. *Epilepsia* 2010, 51, 676–685. [CrossRef]
- Scheffer, I.E.; Berkovic, S.; Capovilla, G.; Connolly, M.B.; French, J.; Guilhoto, L.; Hirsch, E.; Jain, S.; Mathern, G.W.; Moshé, S.L.; et al. ILAE Classification of the Epilepsies: Position Paper of the ILAE Commission for Classification and Terminology. *Epilepsia* 2017, 58, 512–521. [CrossRef]
- Raga, S.; Specchio, N.; Rheims, S.; Wilmshurst, J.M. Developmental and Epileptic Encephalopathies: Recognition and Approaches to Care. *Epileptic Disord*. 2021, 23, 40–52. [CrossRef]
- Poke, G.; Stanley, J.; Scheffer, I.E.; Sadleir, L.G. Epidemiology of Developmental and Epileptic Encephalopathy and of Intellectual Disability and Epilepsy in Children. *Neurology* 2023, 100, e1363–e1375. [CrossRef]
- Caliendo, M.; Lanzara, V.; Vetri, L.; Roccella, M.; Marotta, R.; Carotenuto, M.; Russo, D.; Cerroni, F.; Precenzano, F. Emotional– Behavioral Disorders in Healthy Siblings of Children with Neurodevelopmental Disorders. *Medicina* 2020, 56, 491. [CrossRef]
- Esmaeeli Nieh, S.; Sherr, E.H. Epileptic Encephalopathies: New Genes and New Pathways. Neurotherapeutics 2014, 11, 796–806. [CrossRef]
- Mercimek-Mahmutoglu, S.; Patel, J.; Cordeiro, D.; Hewson, S.; Callen, D.; Donner, E.J.; Hahn, C.D.; Kannu, P.; Kobayashi, J.; Minassian, B.A.; et al. Diagnostic Yield of Genetic Testing in Epileptic Encephalopathy in Childhood. *Epilepsia* 2015, 56, 707–716. [CrossRef]
- Pathak, D.; Sriram, K. Neuron-Astrocyte Omnidirectional Signaling in Neurological Health and Disease. *Front. Mol. Neurosci.* 2023, 16, 1169320. [CrossRef] [PubMed]
- Leggio, L.; L'Episcopo, F.; Magrì, A.; Ulloa-Navas, M.J.; Paternò, G.; Vivarelli, S.; Bastos, C.A.P.; Tirolo, C.; Testa, N.; Caniglia, S.; et al. Small Extracellular Vesicles Secreted by Nigrostriatal Astrocytes Rescue Cell Death and Preserve Mitochondrial Function in Parkinson's Disease. *Adv. Healthc. Mater.* 2022, *11*, e2201203. [CrossRef]
- Zhao, M.; Wu, S.; Zhou, Q.; Vivona, S.; Cipriano, D.J.; Cheng, Y.; Brunger, A.T. Mechanistic Insights into the Recycling Machine of the SNARE Complex. *Nature* 2015, 518, 61–67. [CrossRef]
- 12. Chen, F.; Chen, H.; Chen, Y.; Wei, W.; Sun, Y.; Zhang, L.; Cui, L.; Wang, Y. Dysfunction of the SNARE Complex in Neurological and Psychiatric Disorders. *Pharmacol. Res.* **2021**, *165*, 105469. [CrossRef] [PubMed]

- 13. Cali, E.; Rocca, C.; Salpietro, V.; Houlden, H. Epileptic Phenotypes Associated with SNAREs and Related Synaptic Vesicle Exocytosis Machinery. *Front. Neurol.* **2022**, *12*, 806506. [CrossRef] [PubMed]
- 14. García-Cazorla, A.; Oyarzábal, A.; Saudubray, J.-M.; Martinelli, D.; Dionisi-Vici, C. Genetic Disorders of Cellular Trafficking. *Trends Genet.* **2022**, *38*, 724–751. [CrossRef] [PubMed]
- 15. Tang, B.L. SNAREs and Developmental Disorders. J. Cell. Physiol. 2021, 236, 2482–2504. [CrossRef] [PubMed]
- Özdemir, Ç.; Şahin, N.; Edgünlü, T. Vesicle Trafficking with Snares: A Perspective for Autism. *Mol. Biol. Rep.* 2022, 49, 12193–12202.
   [CrossRef]
- Karmakar, S.; Sharma, L.G.; Roy, A.; Patel, A.; Pandey, L.M. Neuronal SNARE Complex: A Protein Folding System with Intricate Protein-Protein Interactions, and Its Common Neuropathological Hallmark, SNAP25. *Neurochem. Int.* 2019, 122, 196–207. [CrossRef]
- Luppe, J.; Sticht, H.; Lecoquierre, F.; Goldenberg, A.; Gorman, K.M.; Molloy, B.; Agolini, E.; Novelli, A.; Briuglia, S.; Kuismin, O.; et al. Heterozygous and Homozygous Variants in STX1A Cause a Neurodevelopmental Disorder with or without Epilepsy. *Eur. J. Hum. Genet.* 2023, *31*, 345–352. [CrossRef]
- Klöckner, C.; Sticht, H.; Zacher, P.; Popp, B.; Babcock, H.E.; Bakker, D.P.; Barwick, K.; Bonfert, M.V.; Bönnemann, C.G.; Brilstra, E.H.; et al. De Novo Variants in SNAP25 Cause an Early-Onset Developmental and Epileptic Encephalopathy. *Genet. Med.* 2021, 23, 653–660. [CrossRef]
- 20. Nystuen, A.M.; Schwendinger, J.K.; Sachs, A.J.; Yang, A.W.; Haider, N.B. A Null Mutation in VAMP1/Synaptobrevin Is Associated with Neurological Defects and Prewean Mortality in the Lethal-Wasting Mouse Mutant. *Neurogenetics* 2007, *8*, 1–10. [CrossRef]
- Craig, T.J.; Anderson, D.; Evans, A.J.; Girach, F.; Henley, J.M. SUMOylation of Syntaxin1A Regulates Presynaptic Endocytosis. *Sci. Rep.* 2015, 5, 17669. [CrossRef] [PubMed]
- Rodríguez, F.; Zanetti, M.N.; Mayorga, L.S.; Tomes, C.N. Munc18-1 Controls SNARE Protein Complex Assembly during Human Sperm Acrosomal Exocytosis. J. Biol. Chem. 2012, 287, 43825–43839. [CrossRef] [PubMed]
- Jewell, J.L.; Oh, E.; Thurmond, D.C. Exocytosis Mechanisms Underlying Insulin Release and Glucose Uptake: Conserved Roles for Munc18c and Syntaxin 4. Am. J. Physiol. Regul. Integr. Comp. Physiol. 2010, 298, 517–531. [CrossRef] [PubMed]
- Oh, E.; Kalwat, M.A.; Kim, M.J.; Verhage, M.; Thurmond, D.C. Munc18-1 Regulates First-Phase Insulin Release by Promoting Granule Docking to Multiple Syntaxin Isoforms. *J. Biol. Chem.* 2012, 287, 25821–25833. [CrossRef] [PubMed]
- 25. Hong, W.; Lev, S. Tethering the Assembly of SNARE Complexes. Trends Cell Biol. 2014, 24, 35–43. [CrossRef] [PubMed]
- Scales, S.J.; Hesser, B.A.; Masuda, E.S.; Scheller, R.H. Amisyn, a Novel Syntaxin-Binding Protein That May Regulate SNARE Complex Assembly. J. Biol. Chem. 2002, 277, 28271–28279. [CrossRef]
- 27. Constable, J.R.L.; Graham, M.E.; Morgan, A.; Burgoyne, R.D. Amisyn Regulates Exocytosis and Fusion Pore Stability by Both Syntaxin-Dependent and Syntaxin-Independent Mechanisms. *J. Biol. Chem.* **2005**, *280*, 31615–31623. [CrossRef]
- Kabayama, H.; Tokushige, N.; Takeuchi, M.; Mikoshiba, K. Syntaxin 6 Regulates Nerve Growth Factor-Dependent Neurite Outgrowth. *Neurosci. Lett.* 2008, 436, 340–344. [CrossRef]
- 29. Goubau, C.; Buyse, G.M.; Van Geet, C.; Freson, K. The Contribution of Platelet Studies to the Understanding of Disease Mechanisms in Complex and Monogenetic Neurological Disorders. *Dev. Med. Child. Neurol.* **2014**, *56*, 724–731. [CrossRef]
- Berchtold, N.C.; Sabbagh, M.N.; Beach, T.G.; Kim, R.C.; Cribbs, D.H.; Cotman, C.W. Brain Gene Expression Patterns Differentiate Mild Cognitive Impairment from Normal Aged and Alzheimer's Disease. *Neurobiol. Aging* 2014, 35, 1961–1972. [CrossRef]
- 31. American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders;* American Psychiatric Association: Washington, DC, USA, 2013; ISBN 0-89042-555-8.
- Kondratiuk, I.; Jakhanwal, S.; Jin, J.; Sathyanarayanan, U.; Kroppen, B.; Pobbati, A.V.; Krisko, A.; Ashery, U.; Meinecke, M.; Jahn, R.; et al. PI(4,5)P<sub>2</sub>-Dependent Regulation of Exocytosis by Amisyn, the Vertebrate-Specific Competitor of Synaptobrevin 2. *Proc. Natl. Acad. Sci. USA* 2020, 117, 13468–13479. [CrossRef] [PubMed]
- 33. Yoon, T.-Y.; Munson, M. SNARE Complex Assembly and Disassembly. Curr. Biol. 2018, 28, R397–R401. [CrossRef] [PubMed]
- Schubert, J.; Siekierska, A.; Langlois, M.; May, P.; Huneau, C.; Becker, F.; Muhle, H.; Suls, A.; Lemke, J.R.; De Kovel, C.G.F.; et al. Mutations in STX1B, Encoding a Presynaptic Protein, Cause Fever-Associated Epilepsy Syndromes. *Nat. Genet.* 2014, 46, 1327–1332. [CrossRef] [PubMed]
- Mastrangelo, M.; Leuzzi, V. Genes of Early-Onset Epileptic Encephalopathies: From Genotype to Phenotype. *Pediatr. Neurol.* 2012, 46, 24–31. [CrossRef]
- Castermans, D.; Volders, K.; Crepel, A.; Backx, L.; De Vos, R.; Freson, K.; Meulemans, S.; Vermeesch, J.R.; Schrander-Stumpel, C.T.R.M.; De Rijk, P.; et al. SCAMP5, NBEA and AMISYN: Three Candidate Genes for Autism Involved in Secretion of Large Dense-Core Vesicles. *Hum. Mol. Genet.* 2010, 19, 1368–1378. [CrossRef]
- Hamdan, F.F.; Gauthier, J.; Dobrzeniecka, S.; Lortie, A.; Mottron, L.; Vanasse, M.; D'Anjou, G.; Lacaille, J.C.; Rouleau, G.A.; Michaud, J.L. Intellectual Disability without Epilepsy Associated with STXBP1 Disruption. *Eur. J. Hum. Genet.* 2011, 19, 607–609. [CrossRef]
- Hawkins, N.A.; Kearney, J.A. Confirmation of an Epilepsy Modifier Locus on Mouse Chromosome 11 and Candidate Gene Analysis by RNA-Seq. *Genes Brain Behav.* 2012, 11, 452–460. [CrossRef]
- Stamberger, H.; Weckhuysen, S.; De Jonghe, P. STXBP1 as a Therapeutic Target for Epileptic Encephalopathy. *Expert Opin. Ther. Targets* 2017, 21, 1027–1036. [CrossRef]

- 40. Balagura, G.; Xian, J.; Riva, A.; Marchese, F.; Ben Zeev, B.; Rios, L.; Sirsi, D.; Accorsi, P.; Amadori, E.; Astrea, G.; et al. Epilepsy Course and Developmental Trajectories in *STXBP1*-DEE. *Neurol. Genet.* **2022**, *8*, e676. [CrossRef]
- Yamashita, S.; Chiyonobu, T.; Yoshida, M.; Maeda, H.; Zuiki, M.; Kidowaki, S.; Isoda, K.; Morimoto, M.; Kato, M.; Saitsu, H.; et al. Mislocalization of Syntaxin-1 and Impaired Neurite Growth Observed in a Human IPSC Model for *STXBP1*-Related Epileptic Encephalopathy. *Epilepsia* 2016, 57, e81–e86. [CrossRef]
- Grone, B.P.; Marchese, M.; Hamling, K.R.; Kumar, M.G.; Krasniak, C.S.; Sicca, F.; Santorelli, F.M.; Patel, M.; Baraban, S.C. Epilepsy, Behavioral Abnormalities, and Physiological Comorbidities in Syntaxin-Binding Protein 1 (STXBP1) Mutant Zebrafish. *PLoS ONE* 2016, 11, e0151148. [CrossRef] [PubMed]
- Saitsu, H.; Kato, M.; Mizuguchi, T.; Hamada, K.; Osaka, H.; Tohyama, J.; Uruno, K.; Kumada, S.; Nishiyama, K.; Nishimura, A.; et al. De Novo Mutations in the Gene Encoding STXBP1 (MUNC18-1) Cause Early Infantile Epileptic Encephalopathy. *Nat. Genet.* 2008, 40, 782–788. [CrossRef] [PubMed]
- Najera, K.; Fagan, B.M.; Thompson, P.M. SNAP-25 in Major Psychiatric Disorders: A Review. Neuroscience 2019, 420, 79–85. [CrossRef] [PubMed]
- 45. Rizo, J.; Südhof, T.C. Snares and Munc18 in Synaptic Vesicle Fusion. Nat. Rev. Neurosci. 2002, 3, 641–653. [CrossRef]
- Guerini, F.R.; Bolognesi, E.; Chiappedi, M.; Manca, S.; Ghezzo, A.; Agliardi, C.; Sotgiu, S.; Usai, S.; Matteoli, M.; Clerici, M. SNAP-25 Single Nucleotide Polymorphisms Are Associated with Hyperactivity in Autism Spectrum Disorders. *Pharmacol. Res.* 2011, 64, 283–288. [CrossRef]
- Braida, D.; Guerini, F.R.; Ponzoni, L.; Corradini, I.; De Astis, S.; Pattini, L.; Bolognesi, E.; Benfante, R.; Fornasari, D.; Chiappedi, M.; et al. Association between SNAP-25 Gene Polymorphisms and Cognition in Autism: Functional Consequences and Potential Therapeutic Strategies. *Transl. Psychiatry* 2015, *5*, e500. [CrossRef]
- 48. Lenart, J.; Bratek, E.; Lazarewicz, J.W.; Zieminska, E. Changes in the Expression of SNAP-25 Protein in the Brain of Juvenile Rats in Two Models of Autism. *J. Mol. Neurosci.* 2020, *70*, 1313–1320. [CrossRef]
- Castermans, D.; Thienpont, B.; Volders, K.; Crepel, A.; Vermeesch, J.R.; Schrander-Stumpel, C.T.; Van de Ven, W.J.M.; Steyaert, J.G.; Creemers, J.W.M.; Devriendt, K. Position Effect Leading to Haploinsufficiency in a Mosaic Ring Chromosome 14 in a Boy with Autism. *Eur. J. Hum. Genet.* 2008, *16*, 1187–1192. [CrossRef]
- 50. Doostparast Torshizi, A.; Wang, K. Tissue-Wide Cell-Specific Proteogenomic Modeling Reveals Novel Candidate Risk Genes in Autism Spectrum Disorders. *NPJ Syst. Biol. Appl.* **2022**, *8*, 31. [CrossRef]
- Lahiri, D.K.; Bye, S.; Nurnberger, J.I.; Hodes, M.E.; Crisp, M. A Non-Organic and Non-Enzymatic Extraction Method Gives Higher Yields of Genomic DNA from Whole-Blood Samples than Do Nine Other Methods Tested. *J. Biochem. Biophys. Methods* 1992, 25, 193–205. [CrossRef]
- 52. Chang, X.; Wang, K. WANNOVAR: Annotating Genetic Variants for Personal Genomes via the Web. J. Med. Genet. 2012, 49, 433–436. [CrossRef]
- 53. Thorvaldsdottir, H.; Robinson, J.T.; Mesirov, J.P. Integrative Genomics Viewer (IGV): High-Performance Genomics Data Visualization and Exploration. *Brief. Bioinform.* 2013, 14, 178–192. [CrossRef]
- Richards, S.; Aziz, N.; Bale, S.; Bick, D.; Das, S.; Gastier-Foster, J.; Grody, W.W.; Hegde, M.; Lyon, E.; Spector, E.; et al. Standards and Guidelines for the Interpretation of Sequence Variants: A Joint Consensus Recommendation of the American College of Medical Genetics and Genomics and the Association for Molecular Pathology. *Genet. Med.* 2015, 17, 405–424. [CrossRef]
- 55. Kopanos, C.; Tsiolkas, V.; Kouris, A.; Chapple, C.E.; Albarca Aguilera, M.; Meyer, R.; Massouras, A. VarSome: The Human Genomic Variant Search Engine. *Bioinformatics* **2019**, *35*, 1978–1980. [CrossRef]
- Vetri, L.; Calì, F.; Vinci, M.; Amato, C.; Roccella, M.; Granata, T.; Freri, E.; Solazzi, R.; Romano, V.; Elia, M. A de Novo Heterozygous Mutation in KCNC2 Gene Implicated in Severe Developmental and Epileptic Encephalopathy. *Eur. J. Med. Genet.* 2020, 63, 103848. [CrossRef]

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.