

Glans reconstruction with the use of an inverted urethral flap after distal penile amputation for carcinoma

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Summary

Restoration of adequate cosmesis and preservation of sexual and urinary function are the main goals of penile reconstructive surgery following amputation for carcinoma. Split thickness skin grafts and oral mucosa grafts have been widely used for the creation of a pseudoglans with excellent cosmetic and functional results. The main drawbacks associated with the use of grafts are donor site morbidity, the lack of engorgement of the pseudoglans and the risk of poor graft take, which may lead to contracture and poor cosmetic results. In the present series the long term cosmetic and functional outcomes of glans reconstruction with an inverted distal urethral flap are described.

KEY WORDS: *Glans reconstruction; Urethral flap; Penile cancer.*

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INTRODUCTION

Squamous cell carcinoma of the penis (SCC), which represents a rare condition in Western Europe and North America, accounting for less than 1% of all male malignancies, is slightly more common in the developing countries, where it has an incidence up to 20 per 100,000 people (1, 2).

The traditional treatment of SCC has been radical penectomy, which guarantees excellent local control rates at the expense of a complete loss of sexual and urinary function with consequent severe psychological morbidity (3).

Although there is little dispute that radical surgery is necessary for T3 and T4 disease, the need to perform this type of surgery in patients with T1 and T2 disease limited to the glans penis and the prepuce and the belief that a 2 cm margin is required to guarantee an adequate oncological clearance have been questioned in recent studies.

In particular, a more conservative organ sparing approach is suggested by the fact that more than 80% of SCC arises from the glans and prepuce and that margins of few millimeters may be adequate for the clearance of most tumours. Moreover, the penis is easy to inspect and therefore local recurrences can be immediately identified and treated (4-8).

Current EAU guidelines recommend a penile preserving approach for Carcinoma in situ, Ta, T1 and T2 SCC with involvement of the glans only in patients committed to a regular surveillance program (2).

In particular, patients with T1 and T2 disease limited to the glans penis should be offered glansctomy with or without corporeal tips amputation followed by construction of a pseudoglans (9, 10).

Herein the long-term outcome of a series of patients who

have undergone organ-sparing surgery for the management of T1 and T2 SCC of the glans penis followed by reconstruction of a pseudoglans with the use of urethral flaps is reported.

MATERIALS AND METHODS

In our Institution, between March 2007 and May 2011, 34 patients have undergone organ-sparing surgery for the management of T1 and T2 SCC of the glans penis followed by pseudoglans reconstruction with the use of an inverted distal urethral flap. All patients gave their informed consent prior to their inclusion in the study. Preoperatively, 22 patients reported good quality erection and 19 reported to be sexually active.

Prior to surgery all patients have undergone local stadiation based on clinical examination and on Magnetic Resonance Imaging (MRI) findings. In particular, contrast enhanced T1 and T2 weighted MRI images in combination with an artificial erection with prostaglandin E1 (PGE1) were used to identify invasion of the tumour through the tunica albuginea into the corpora cavernosa. Only sexually active patients committed to a regular surveillance program with clinical T1 and T2 disease arising from the glans and without involvement of the corpora cavernosa were included in the series.

Patients with a history of urethral stricture or of previous urethral surgery were excluded from this series and underwent glans reconstruction with split thickness skin grafts as previously described by various Authors (5, 8, 10-12). This because glans reconstruction with the use of urethral flap relies on an adequate blood supply from the proximal aspect of the urethra, and this might be severely compromised in patients with spongiofibrosis. After a circumferential subcoronal incision has been carried out in the shaft skin and deepened down to the level of Buck's fascia, the glans was dissected off the corporeal

Figure 1.

A circumferential subcoronal incision is carried out and the penile disassembly is performed.

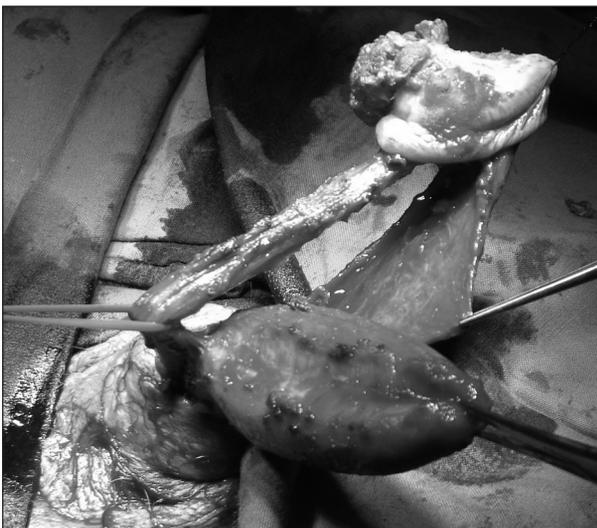
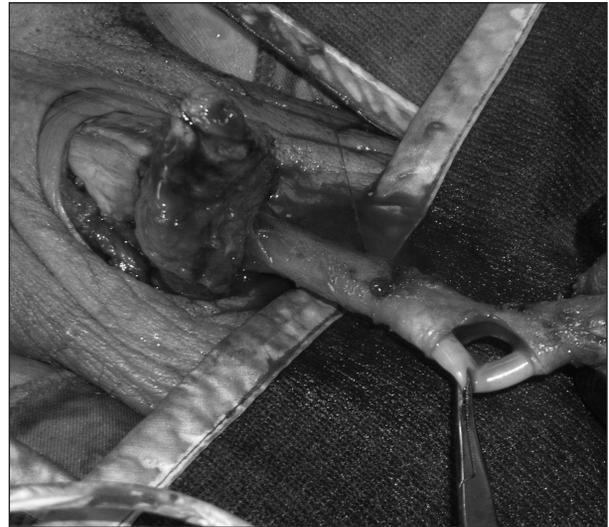


Figure 2.

The urethra is divided and then spatulated ventrally.



heads and the distal aspect of the urethra and frozen sections were collected from the corporeal heads and the distal urethral margin in all patients, as previously described by various Authors (5, 8, 10-15). Two patients presented positive corporeal margins at the frozen section and underwent distal corporectomy with reconstruction of the corporeal heads.

The shaft penis was then completely degloved in all patients in order to allow a complete dissection of the urethra off the corpora cavernosa down to the crura (Figure 1). The distal aspect of the urethra was then spatulated ventrally for approximately 2.5 cm, everted and used to cover the corporeal heads in order to form a pseudoglans (Figure 2). The urethral edges were sutured to the underlying corpora cavernosa with interrupted 4-0 Polyglactin sutures (Vicryl®, Ethicon, Somerville, New Jersey, USA) in order to form the ridge of the pseudoglans. The penile shaft skin was also approximated to the edge of the urethral flap using interrupted 4-0 Polyglactin sutures in order to recreate the coronal groove (Figure 3).

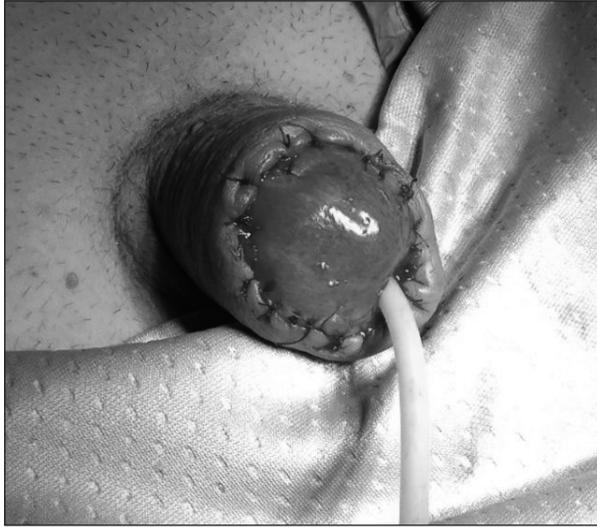
A light compressive dressing was applied on the penile shaft to prevent haematoma formation and a 16 French Foley catheter left in situ for 24 hours. Patients were usually discharged on postoperative day one on broad-spectrum oral antibiotics for 1 week.

Patients were reviewed on postoperative week 2, after 3 months and then on a 6 monthly basis and instructed to regularly inspect the genitalia in order to identify early signs of recurrence. A physical examination was routinely performed at each visit while a Computerized Tomography (CT) scan of chest, abdomen and pelvis with contrast was carried out on a yearly basis. Patients with histology of pT1 G3 and pT2 and/or palpable groin disease have been then managed with groin node dissection according to the EAU guidelines (2).

Cosmetic and functional outcome of the glans reconstruction, patients' satisfaction, complications, recurrence of the disease and eventual need for revision surgery were recorded in the postoperative follow-up visit.

Figure 3.

The final results after the eversion of the urethral flap and the creation of the pseudoglans



Sensation of the urethral flap and patient's satisfaction were assessed by direct questioning the patient and no objective test or validated questionnaire has been employed.

RESULTS

Mean age at the time of surgery was 60 years (range 36-73) and the final histo-pathological results are reported in Table 1.

Infiltration of the proximal surgical margin, which had resulted clear in the initial frozen section, was present in 4 patients with pT2 disease (17%) and was managed with a distal corporectomy followed by glans reconstruction with the use of split thickness skin grafts, as the distal urethra had already been used (5).

After a median follow-up of 27 months (range 6-48 months) none of the patients has succumbed because of the disease.

The urethral flap survived in all patients and a penile hematoma occurred in 2 (6%) patients and required surgical evacuation in one case.

A local recurrence occurred in one of the patients who had pT2 disease (3%) and was noticed at the 6 months follow up visit. Eventually the patient was managed with partial penectomy and was local recurrence free at the 18 months follow up visit.

Table 1.
Histology results.

| Histology result | N. of patients |
|------------------|----------------|
| G2 pT1 | 12 |
| G3 pT1 | 15 |
| pT2 | 7 |

All patients who did not require further local surgery were able to maintain physiological urinary function and considered the cosmetic result of the urethral flap satisfactory. All 22 patients who preoperatively had good quality erections reported no reduction in rigidity after surgery.

Overall, 14 of the patients who were preoperatively sexually active have resumed sexual activity postoperatively (74%). Of the remainder, 4 had required a delayed partial penectomy due to malignant infiltration of the corporeal heads and one, who had undergone glansctomy followed by bilateral radical lymph node dissection of the groin, had a residual penile length insufficient for penetration. It is likely that the prepubic and scrotal lymphoedema consequence of the bilateral lymph node dissection was the cause of the perceived loss of penile length in this patient.

A ventral penile curvature during erection was noticed by 2 patients (9%) and was consequence of a relatively short urethra, which was acting as a ventral chordee. This occurred despite of a meticulous intraoperative dissection of the urethra proximally down to its bulbar aspect. In both cases the curvature was less than 20 degrees, and, although ventral, did not interfere significantly with sexual activity.

At 6 months postoperative follow up, all patients who have not required further local surgery have reported pseudo glans sensation and a degree of urethral flap engorgement.

DISCUSSION

Reconstruction of the glans penis following glansctomy or distal corporectomy for carcinoma of the penis represents a challenge for the reconstructive surgeon. This because the aim of surgery is to achieve complete oncological clearance and to guarantee adequate cosmetic and functional results to allow the patient to resume sexual and urinary function with confidence (5-15).

After the initial technique description in 2004, split thickness skin grafts, usually harvested from the inner thigh, have been widely used for glans resurfacing and pseudoglans construction for both benign and malignant conditions (5, 8-18). A recent series has also described the use of oral mucosa grafts for glans reconstruction.18 Although glans reconstruction with the use of grafts yields adequate cosmetic and functional results in the hands of experienced surgeons, it is associated with donor site morbidity and the risk of poor graft take, which can lead to contracture and poor cosmesis. Despite a good cosmetic result, the pseudoglans fashioned with this technique does not engorge like the native one (8).

Furthermore, oral infection with human papillomavirus (HPV), which can have a prevalence as high as 31%, can lead to the development of HPV related carcinomas arising from the oral mucosa grafts, although the literature has not provided any indication of the actual risk after genital reconstruction (20).

This series confirms that a distal urethral flap is a good alternative to a split thickness skin graft for the reconstruction of the glans penis following amputation for carcinoma, as previously described in 1 series of 14 patients (21). This technique is not associated with donor site

morbidity, as it does not require the harvesting of a graft, and as the spongy tissue engorges during the erection, it leads to tumescence of the pseudo glans and therefore produces a more physiological outcome.

Regardless of the reconstructive technique used, glansctomy and distal corporectomy needs to be carried out as previously described in the literature.⁸ In particular, frozen sections of the corporeal and urethral margins are required to assess whether a complete clearance of the malignancy has been achieved (8, 22).

Only patients with a good blood supply to the distal urethra can be offered glans reconstruction with the use of distal urethral flap and therefore in presence of history of urethral strictures and/or previous urethral surgery reconstruction should be performed with the use of skin grafts. Patients need to be warned that even with adequate preparation of the urethra, which should be dissected proximally down to its bulbar portion, a minor ventral penile curvature during erection is not an uncommon finding.

CONCLUSIONS

The present series confirms that urethral flaps represent an excellent alternative to split thickness skin grafts for pseudoglans reconstruction following glansctomy and partial corporectomy for penile carcinoma in carefully selected patients.

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