

## Influence of the Temperature of Salt Brine on Salt Uptake by Ragusano Cheese<sup>1</sup>

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### ABSTRACT

The influence of temperature (12, 15, 18, 21, and 24°C) of saturated brine on salt uptake by 3.8-kg experimental blocks of Ragusano cheese during 24 d of brining was determined. Twenty-six 3.8-kg blocks were made on each of three different days. All blocks were labeled and weighed prior to brining. One block was sampled and analyzed prior to brine salting. Five blocks were placed into each of five different brine tanks at different temperatures. One block was removed from each brine tank after 1, 4, 8, 16, and 24 d of brining, weighed, sampled, and analyzed for salt and moisture content. The weight loss by blocks of cheese after 24 d of brining was higher, with increasing brine temperature, and represented the net effect of moisture loss and salt uptake. The total salt uptake and moisture loss increased with increasing brine temperature. Salt penetrates into cheese through the moisture phase within the pore structure of the cheese. Porosity of the cheese structure and viscosity of the water phase within the pores influenced the rate and extent of salt penetration during 24 d of brining. In a previous study, it was determined that salt uptake at 18°C was faster in 18% brine than in saturated brine due to higher moisture and porosity of the exterior portion of the cheese. In the present study, moisture loss occurred from all cheeses at all temperatures and most of the loss was from the exterior portion of the block during the first 4 d of brining. This loss in moisture would be expected to decrease porosity of the exterior portion and act as a barrier to salt pene-

tration. The moisture loss increased with increasing brine temperature. If this decrease in porosity was the only factor influencing salt uptake, then it would be expected that the cheeses at higher brine temperature would have had lower salt content. However, the opposite was true. Brine temperature must have also impacted the viscosity of the aqueous phase of the cheese. Cheese in lower temperature brine would be expected to have higher viscosity of the aqueous phase and slower salt uptake, even though the cheese at lower brine temperature should have had a more porous structure (favoring faster uptake) than cheese at higher brine temperature. Therefore, changing brine concentration has a greater impact on cheese porosity, while changing brine temperature has a larger impact on viscosity of the aqueous phase of the cheese within the pores in the cheese.

(**Key words:** brine temperature, salt uptake, Ragusano cheese)

### INTRODUCTION

Ragusano cheese is a brine-salted, pasta-filata cheese that is still produced at the farm level in the Eastern region of Sicily. The cheese is made from raw milk and lactic acid is produced by natural milk microflora and desirable microflora present in the surface of the wooden cheese vat. Typically, Ragusano cheese is brine salted for the first 8 d at the farm, followed by continued brine salting at an aging center in saturated brine at 18°C. When salt uptake by cheese during brining is too slow, early gas formation and off-flavor development occur due to the growth of undesirable bacteria. The level of undesirable bacteria is dependent on their initial level in the milk, and their growth is favored by low acid production during cheese making (Choisy et al., 1987) and slow salt penetration during brining. One component of a strategy to help control growth of undesirable gas producing bacteria is the use of a brining system that is able to quickly increase the salt content

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<sup>1</sup>Use of names, names of ingredients, and identification of specific models of equipment is for scientific clarity and does not constitute any endorsement of product by authors, Cornell University, the Northeast Dairy Foods Research Center, CoRFiLaC, and Dipartimento di Scienze Agronomiche, Agrochimiche e delle Produzioni Animali, Catania University.

of the cheese. A previous study (Melilli et al., 2003) demonstrated that use of 18% salt brine instead of saturated brine (i.e., 26%) for the first 8 d of 24 d of brine salting increased the rate of salt uptake, compared with 24 d in saturated brine. The cheese in 18% salt brine at 18°C achieved in 12 d the same salt content as cheese in saturated brine for 24 d at 18°C. The increased rate of salt uptake with 18% brine compared with saturated brine was related to the impact of lower brine concentration on the moisture content and porosity of the cheese near the surface of the block. Brine with higher salt content causes a rapid loss of moisture from cheese near the surface of the block. Moisture loss causes shrinkage of the cheese structure and decreases porosity, which impedes moisture movement out and salt movement into the block. The use of 18% salt brine for the first 8 d delayed the moisture loss and cheese shrinkage at the exterior of the block and allowed more rapid salt penetration (Melilli et al., 2003). Use of 18% salt brine instead of saturated brine could be implemented at a farmhouse cheese making facility and have a major impact on reducing the frequency of quality defects caused by growth of undesirable gas producing bacteria.

Another strategy to control growth of undesirable gas-producing bacteria in the cheese might be to decrease brine temperature. Lower temperature would decrease the growth of these bacteria during brining and possibly reduce the chance of gas, but lower brine temperature would also be expected to reduce the rate of salt uptake by the cheese. The net effect of reducing brine temperature on gas production is not known. At the farm level, brine temperature can vary seasonally from 10 to 24°C and this can influence the salt uptake. Geurts et al. (1974) showed that for gouda cheese the salt diffusion at 20°C was higher by about 40 to 50% than at 12.5°C. Turhan and Kaletunç (1992) found that for White cheese, a semi-hard pickled cheese (Carić, 1993), the salt penetration was slower with decreasing brine temperature because of decreased salt diffusivity.

The objective of the present study was to determine the impact of five different temperatures (12, 15, 18, 21, and 24°C) of saturated salt brine on the rate of salt uptake by Ragusano cheese.

## MATERIALS AND METHODS

### Preparation of Brine

A preliminary study was done to determine whether the salt concentration (wt/wt) of a saturated salt solution changes with temperature in the range of temperatures that could be used in this study. Saturated solutions of sodium chloride in distilled water were made at temperatures from 4 to 24°C. The total solids contents were determined by drying a 2-g sample of each

solution in a forced air oven at 100°C for 24 h (AOAC, 2000, method number 33.2.44; 990.20). The salt concentration at 4, 12, 15, 18, 21, and 24°C were all about 26.6% (wt/wt) and therefore for practical purposes the saturation concentration of NaCl across the range of temperature is constant.

The rate of salt uptake by the cheese is also influenced by the ratio of volume of brine to cheese. Zorilla and Rubiolo (1991) demonstrated with a mathematical model that the uptake of salt was slower when there was too much cheese in brine. They concluded that at a ratio of brine volume should be five times the volume of the cheese or greater, to ensure that the uptake of salt from brine would not be influenced by the amount of cheese in brine. Therefore, from that study, we estimated the volume of the brine needed for our experiment was 200 L at each temperature.

Fifteen days before the experiment, a used saturated brine was transported from a traditional aging center to CoRFiLaC's pilot plant, because it would contain a normal calcium content and have a normal pH, compared to a freshly made brine. Calcium content of the brine was measured using a complexometric method (Kindstedt and Kosikowski, 1985). The initial salt brine had a calcium concentration 0.11% and a pH of 5.20. The old brine was filtered and divided in five brine tanks. Each tank was placed in a temperature controlled room set at one of the following temperatures: 12, 15, 18, 21, and 24°C. The salt brine was kept saturated by leaving immersed a container full of salt. Every day the salt brines were stirred and checked several times for temperature, salt concentration (using a Baumé hydrometer, 1 to 30°Bé, Sacco s.r.l., Milano, Italy), and pH.

### Milk for Cheese Making

Twelve hundred liters of raw milk produced by Brown Swiss and mixed breed cows from two milkings were mixed in a stainless steel vat at 35°C, and analyzed for fat, CP, and lactose using an infrared milk analyzer (AOAC, 2000; method number 33.2.31; 972.16), for SCC using a fluorimetric method (AOAC, 2000; method number 17.13.01; 978.26), for the titratable acidity, and pH. The average raw whole milk used in three cheese-making sessions had a titratable acidity of 0.153 g of lactic acid/100 ml and a pH of 6.67 at 35°C. The fat, CP, and lactose content were 3.32, 3.29, and 4.84%, respectively, with a SCC of 327,000/ml.

### Cheese Making

Ragusano cheese was manufactured using the procedures described by Melilli et al. (2003) but differing in

the following aspects: the second cooking was about 138 min, and after 18 h of ripening at 18°C the pH of the curd was 5.30. After ripening the curd was cut into long, uniform, 1-cm thick slices that were weighed and divided into 26 batches (4 kg each). Three cheese makers stretched 26 batches of curd, to produce 26 blocks of cheese (15.2 × 15.2 × 15.2 cm). The weight of each block of cheese decreased during stretching from about 4 to 3.8 kg. Each cheese was marked with a letter (treatment) and a number (sampling day) so that the cheese could be correctly identified in the brine tank. After forming the blocks, one of the 26 blocks was analyzed before brining. The remaining 25 blocks were divided in five groups and each group was placed into saturated salt brine at a different temperature (12, 15, 18, 21, and 24°C). The blocks were kept submerged for 24 d.

### Sampling and Analysis of Cheese

Cheeses were sampled at 0 time (before brining), 1, 4, 8, 16, and 24 d. Each experimental block of Ragusano cheese, on the sampling day, was weighed and divided in four portions P1, P2, P3, and P4, as described by Melilli et al. (2003), using a meat slicer (model 601003, Electrolux, Zanussi Italia s.p.a, Pordenone, Italy). Each of the four portions represented approximately 25% of the weight of the block of the cheese. The exterior portion (P1) represented all six faces of the block (approximately 0.6 cm thick). The P2 portion was removed (approximately 1 cm thick), after removal of the P1 portion, from all the six faces of the block, followed by removal of the P3 portion (approximately 1 cm thick). The cube remaining of about 10 × 10 × 10 cm was the central portion (P4).

Each portion (P1, P2, P3, and P4) was weighed, cut into cubes, and grated. Moisture content was determined by drying a 3-g sample in a forced air oven at 100°C for 24 h (AOAC, 2000, method number 33.2.44; 990.20), and the salt content by the Volhard method (AOAC, 2000, method number 33.7.1; 935.43). The fat content was determined with the method Gerber (Licitra et al., 2000), and the pH with a gel filled electrode (model: HA405—DXK—S8/120, Mettler Toledo Process Analytical Inc., Wilmington, MA).

### Experimental Design and Statistical Analysis

The five treatments were: 1) saturated brine at 12°C for 24 d; 2) saturated brine at 15°C for 24 d; 3) saturated brine at 18°C for 24 d; 4) saturated brine at 21°C for 24 d; and 5) saturated brine at 24°C for 24 d. Cheese manufacture was replicated three times during 3 wk in April. The five treatments were made from the same milk on each day of cheese manufacture. One cheese

block was sampled immediately before brine salting and provided data for 0 d of brining, and other cheese blocks were removed from each brine after 1, 4, 8, 16, and 24 d of brine salting, cut into the P1, P2, P3, and P4 portions for each of the five treatments.

Data were analyzed using the GLM procedure of SAS (version 8, 1999, SAS Institute, Cary, NC) using the split-plot model shown in Table 1. Because time of brining was treated as a continuous variable in the ANOVA model, the linear and quadratic terms for time would be correlated. Distortion of the ANOVA by multicollinearity of these terms in the model was minimized by centering the time of brining data using a mathematical transformation (Glantz and Slinker, 2001). The time was transformed as follows: time = d of brining – [(last testing day – first testing day)/2]. This transformation made the data set orthogonal with respect to time. This transformation directs SAS to determine the effect of brine temperature (T) in the whole plot at the midpoint of time of brining (i.e., d 12) instead of 0 d.

## RESULTS

### Total Weight and Moisture Loss and Total Salt and Fat Content During Brining

All the 3.8-kg blocks lost between 363 to 434 g in 24 d of brining (Figure 1, Table 2). The weight loss for the 18°C brine temperature was similar to the level of weight loss reported in a previous study at 18°C for saturated brine (Melilli et al., 2003). There was a significant ( $P < 0.01$ ) impact of the brine temperature on mean weight loss during brining (Table 3). The cheeses that were kept in the salt brine at 24°C for 24 d lost more ( $P < 0.01$ ) weight than the cheeses at a lower brine temperature (Table 3, Figure 1). There was a significant linear and quadratic effect of time on weight loss, and a significant interaction of time and brine temperature (Table 3, Figure 1). The cheeses kept in the higher temperature brine for 24 d had higher least square mean weight loss than cheeses brined at lower temperature (Table 4).

There was a significant effect of brine temperature ( $P < 0.01$ ) on the loss of moisture (Table 3). Moisture loss was higher with increasing brine temperature and was highest at 24°C (least square mean 284 g) (Table 4, Figure 2). There was a significant linear, quadratic, and time × temperature effect (Table 3, Figure 2). Total moisture loss for all the 3.8-kg blocks was approximately 400 to 500 g in 24 d of brining (Figure 2). More than 50% of the moisture loss occurred during the first 8 d of brining.

No effect of brine temperature on the total fat content was detected (Table 3). The total salt content was influenced ( $P < 0.01$ ) by the brine temperature (Table 3).

**Table 1.** ANOVA model used to determine the effect of temperature and time of brining on salt uptake, moisture loss, and composition changes in the cheese with time of brine salting.

Independent variables	df	Analyzed as	Error term
Whole plot			
T <sup>1</sup>	4	Category	T × W
W <sup>2</sup>	2	Category	T × W
T × W	8	Interaction	Model error
Subplot			
t <sup>3</sup>	1	Continuous	Model error
t × T	4	Interaction	Model error
t × t	1	Interaction	Model error
t × t × T	4	Interaction	Model error
Error	65		

<sup>1</sup>T = Temperature of brining.

<sup>2</sup>W = Week of cheese making.

<sup>3</sup>t = Time of brining.

Least square mean total salt content was higher ( $P < 0.05$ ) for the cheeses in the brine at 24°C (Table 4). The salt content increased with time as both a linear and quadratic effect (Table 3, Figure 3), and there was an interaction of time and brine temperature ( $P \leq 0.01$ ) with cheeses brined at lower temperature (e.g., 12°C) taking longer (ca. 24 d) to reach the same content as the cheese brined at the typical temperature of 18°C reached in 12 d (Figure 3).

### Salt, Fat, and Moisture Concentration in the Cheese During Brining

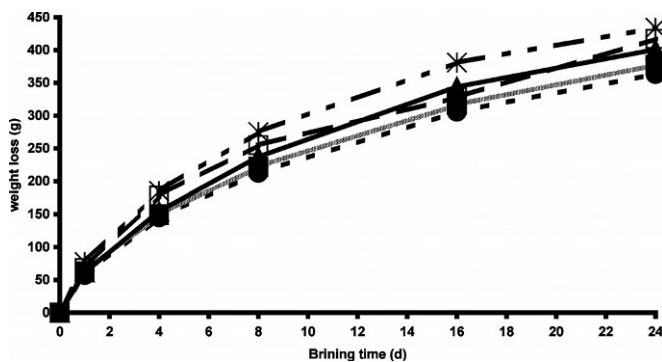
The percentage of salt in the cheese was influenced ( $P < 0.01$ ) by brine temperature (Table 3, Figure 4). The cheeses at the higher brine temperature had a higher percent salt than the cheeses at the lower brine temperature (Table 4). A significant interaction ( $P \leq 0.01$ ) was found between time and brine temperature (Table 3, Figure 4) with the difference in salt content due to brine temperature getting larger with longer time in

the brine. The effect of brine temperature on the percent fat content of cheese was not significant ( $P = 0.48$ ). The fat content of cheeses for all treatments significantly increased with time due to the decrease in moisture content (data not shown).

The percent moisture in the cheese was influenced ( $P < 0.01$ ) by the brine temperature and time of brining (Table 3, Figure 5), with average moisture content of the blocks of cheese for all treatments decreasing by about 9% during 24 d of brining (Figure 5). The least square mean percent moisture in the cheese decreased with increased brine temperature (Table 4). Moisture decreased from about 43 to 34%, with more than the 50% of the decrease in moisture occurring during the first 8 d (Figure 5). The difference in moisture content of cheese brined at different temperatures got larger (i.e., time × temperature interaction; Table 3) with longer brining time (Figure 5).

### Moisture, Salt, pH, and Fat Variation Within Blocks During Brining

**Moisture.** Brine temperature had an impact on moisture content of cheese in all portions within the block (Tables 5 and 6). In position P1, the brine at 24°C produced cheeses at a lower ( $P < 0.01$ ) moisture (least square mean at 24°C = 30.52%) than the brine at the lowest temperature (12°C) (least square mean at 12°C = 32.11%; Figure 6). The moisture at the exterior portion of the block (i.e., P1), for all treatments, decreased from about 41% to about 25% in 24 d of brining. Most of the decrease (from 41 to 29%) in moisture content of the P1 position in blocks at the higher brine temperature occurs during the first 4 d of brining. The cheese held in the brine at 12°C did not reach the 29% moisture in portion P1 until approximately 12 d of brining. This would be expected to maintain higher porosity of the exterior portion of the cheese at 12 vs. 24°C.



**Figure 1.** Mean total weight loss (g) per 3.8-kg block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).

**Table 2.** Weight in grams, in 24 d of brining time, for portions P1, P2, P3, and P4 of each treatment: 12, 15, 18, 21, and 24°C.

Days	P1	P2	P3	P4	Total weight	Original weight
12°C						
0	741	1093	799	1158	3791	3796
1	900	1087	726	995	3708	3765
4	1003	1038	707	886	3635	3781
8	1053	976	661	872	3562	3776
16	1075	1007	641	762	3485	3794
24	1076	1017	628	685	3405	3771
15°C						
0	741	1093	799	1158	3791	3796
1	863	1048	765	1038	3713	3778
4	960	1019	709	942	3630	3780
8	985	996	681	907	3570	3795
16	1033	994	643	824	3494	3801
24	1025	1005	638	729	3397	3777
18°C						
0	741	1093	799	1158	3791	3796
1	835	1030	759	1097	3721	3787
4	929	1009	703	977	3618	3775
8	955	1016	671	902	3545	3783
16	981	1008	642	799	3430	3777
24	903	1055	646	784	3387	3793
21°C						
0	741	1093	799	1158	3791	3796
1	826	1041	743	1062	3671	3743
4	921	989	691	970	3571	3752
8	958	988	669	914	3529	3786
16	865	1048	661	858	3431	3783
24	879	1050	663	743	3335	3755
24°C						
0	741	1093	799	1158	3791	3796
1	819	1044	760	1073	3697	3777
4	935	987	680	957	3559	3747
8	971	1004	656	871	3502	3779
16	811	1119	681	777	3389	3775
24	941	1061	671	662	3335	3775

The cheese in portion P2 (Figure 7) also decreased in moisture with time of brining, but the change with time was more linear than quadratic compared with P1 (Table 6). There was a significant ( $P \leq 0.01$ ) linear and quadratic interaction of time  $\times$  brining temperature in portion P2 (Table 6), with the 24-d-old cheeses at 24°C brine temperature having a lower moisture content (approximately 32%) than the cheeses held in the 12°C brine (approximately 35%). The cheese in portion P3 (Figure 8) showed a significant ( $P < 0.01$ ) linear effect of time and a significant ( $P < 0.01$ ) interaction time  $\times$  brine temperature with the cheese at higher brine temperature having lower moisture (Table 6, Figure 8). In the portion P4, a significant linear and quadratic effect of the time ( $P < 0.01$ ) and a significant interaction of time  $\times$  brine temperature were detected (Table 6, Figure 9). The final moisture content in the P4 portion decreased during 24 d from 43 to 42% for the cheese held at 12°C and from 43 to 40% for cheese held in 24°C brine.

**Salt.** There was a significant ( $P \leq 0.01$ ) impact of brine temperature on salt content for all the portions (Tables 7 and 8). In general, the salt content of the cheese in all four portions for cheese held at the higher brine temperature was higher than for the cheese held at lower brine temperature (Figures 10 to 13). Linear and quadratic effects ( $P \leq 0.01$ ) of brining time were detected for all portions of the blocks (Table 8). The P1 portion of cheese kept in 24°C brine had a higher ( $P < 0.05$ ) salt content (least square mean = 3%) than the P1 portion of cheese kept at 12°C (least square mean = 2.7%). There was an interaction effect of the linear term for time  $\times$  brine temperature ( $P \leq 0.01$ ) in portions P2, P3, and P4 (Table 8) on salt content, with cheeses brined at higher temperature increasing faster in salt content with time. The cheese in portions P2 showed an interaction of brine temperature by the quadratic effect (Table 8, Figure 11) of time ( $P < 0.01$ ).

**pH and fat content.** The pH for all cheeses (Table 4) and for all the portions (data not shown) was in the

**Table 3.** Type III sum of the squares and probability values (in parentheses) for the ANOVA analysis of the impact of brine temperature (T) and time (t) of brining on the total weight loss, the total salt content, the total moisture loss, the total fat content, the percentage of salt, moisture, and fat content of a 15 × 15 × 15 cm block of Ragusano cheese.

Factors	df	Total weight loss (g)	Total moisture loss (g)	Total fat content (g)	Total salt content (g)	Salt content (%)	Fat content (%)	Moisture content (%)
Whole plot								
T <sup>1</sup>	4	18,510* (<0.01)	29,374* (<0.01)	5337 (0.18)	1550* (<0.01)	1.509* (<0.01)	1.701 (0.48)	13.708* (<0.01)
W <sup>2</sup>	2	12,611* (<0.01)	18,071* (<0.01)	27,347* (<0.01)	639* (<0.01)	0.478* (<0.01)	16.598* (0.01)	33.107* (<0.01)
T × W	8	390 (0.99)	356 (0.99)	5133 (0.66)	48 (0.99)	0.038 (0.99)	3.574 (0.80)	0.742 (0.98)
Subplot								
t <sup>3</sup>	1	1,550,344* (<0.01)	2,423,040* (<0.01)	1416 (0.21)	97,022* (<0.01)	87.441* (<0.01)	112.938* (<0.01)	825.806* (<0.01)
t × T	4	5810* (0.02)	8143* (0.03)	1588 (0.77)	447* (0.01)	0.473* (0.01)	0.724 (0.92)	3.768* (0.04)
t × t	1	133,968* (<0.01)	205,550* (<0.01)	13 (0.90)	7632* (<0.01)	5.415* (<0.01)	5.548* (0.01)	56.028* (<0.01)
t × t × T	4	2225 (0.33)	3518 (0.32)	1371 (0.81)	189 (0.24)	0.180 (0.14)	0.322 (0.98)	1.582 (0.36)
Total SS	89	1,850,866	2,886,007	104,091	115,722	102.080	201.278	1007.096
Error	65	30,870	47,915	56,997	2203	1.604	52.034	23.276
R <sup>2</sup>		0.98	0.98	0.45	0.98	0.98	0.74	0.98

\*Statistically significant.

<sup>1</sup>T = Temperature of brining.<sup>2</sup>W = Week of cheese making.<sup>3</sup>t = Time of brining.

range of 5.28 to 5.29 and there was no consistent impact of brine temperature observed. In general, the fat content of the P1, P2, and P3 portions increased ( $P < 0.01$ ) with time (Table 9) due to the decrease (Table 6, Figures 6 to 9) in moisture with time. The impact of brining time on fat content was the largest (an increase in fat content from about 25 to 31.8%) at the exterior of the cheese (P1) where the moisture decrease during 24 d of brining was the largest. In the center of cheese (P4) the fat content remained almost constant during the 24 d of brining at about 25.2%. A significant ( $P = 0.02$ )

impact of the brine temperature on fat content was only detected in portion P2 (Table 9) but the magnitude of the impact was small (approximately 1.1%).

## DISCUSSION

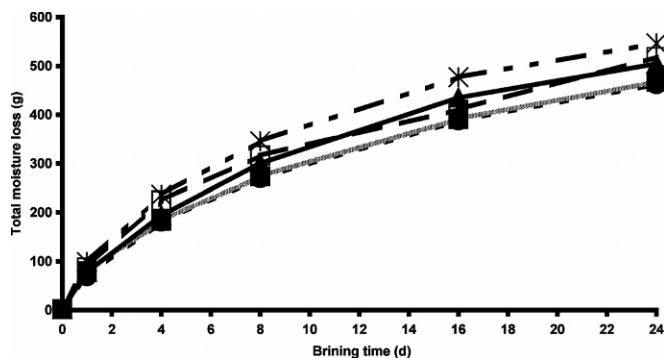
### Factors Influencing Salt Uptake and Moisture Loss During Brining

When salt penetrates cheese, during brine salting, there is a movement of water out the block of cheese into

**Table 4.** Least square means for ANOVA to determine the impact of brine temperature on weight loss, salt, fat, moisture (content and percent), and pH.

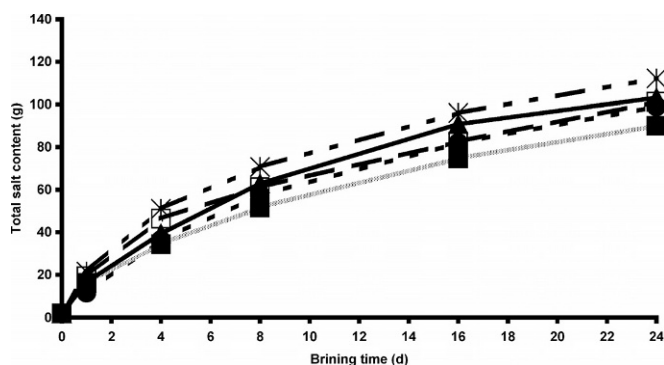
Dependent variables	Temperature of brine				
	12°C	15°C	18°C	21°C	24°C
Total weight loss (g)	181 <sup>d</sup>	188 <sup>b,c,d</sup>	200 <sup>b</sup>	211 <sup>b</sup>	225 <sup>a</sup>
Total salt content (g)	48 <sup>c</sup>	48 <sup>c</sup>	52 <sup>b</sup>	52 <sup>b</sup>	59 <sup>a</sup>
Total moisture loss (g)	229 <sup>c</sup>	233 <sup>c</sup>	252 <sup>b</sup>	263 <sup>b</sup>	284 <sup>a</sup>
Total fat content (g)	951	974	961	943	950
Salt (%)	1.37 <sup>c</sup>	1.28 <sup>c</sup>	1.51 <sup>b</sup>	1.51 <sup>b</sup>	1.71 <sup>a</sup>
Moisture (%)	38.87 <sup>a</sup>	38.72 <sup>a</sup>	38.29 <sup>b</sup>	38.04 <sup>b</sup>	37.61 <sup>c</sup>
Fat (%)	26.50	27.11	26.87	26.59	26.87
pH	5.29	5.29	5.28	5.28	5.28

<sup>a,b,c,d</sup>Least square means that do not share a common superscript are different at  $P < 0.05$  level.

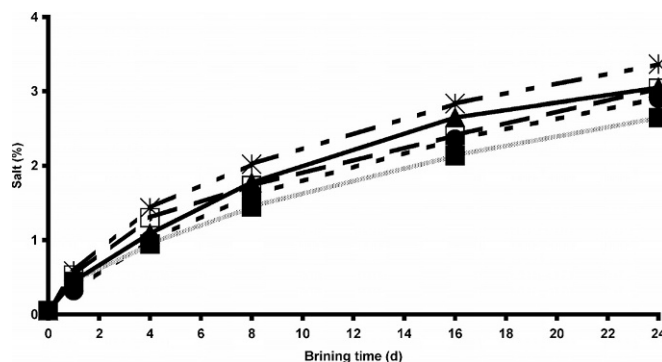


**Figure 2.** Mean total moisture loss (g) per 3.8-kg block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).

the brine (Geurts et al., 1974). Generally, the weight of water expelled from the block is larger than the weight of salt taken up. Prediction of the rate of penetration of salt into cheese during brine salting (i.e., diffusion coefficient) has been mathematically modeled by many investigators (Geurts et al., 1974, 1980; Guinee and Fox, 1983; Luna and Chavez, 1992; Payne and Morison, 1999; Turhan and Gunasekaran, 1999). Factors within a block of cheese that influence the rate at which salt can move from the exterior surface to the center of the block are: porosity of the cheese, tortuosity of the channels of water within the structure of the cheese, proportion of water that is bound in cheese, viscosity of the free water portion of the cheese, and interaction of sodium with the protein matrix. The porosity of cheese is influenced by its moisture content. In two cheeses of same type, the cheese with higher moisture content absorbs salt more rapidly (Geurts et al., 1974), because it has higher porosity. Salt travels from the exterior surface to the center of a block of cheese within the water phase of the cheese. Salt cannot travel through the protein matrix or the fat phase of cheese.



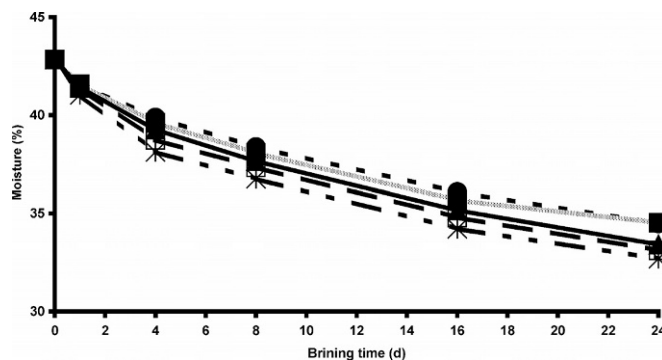
**Figure 3.** Mean total salt content (g) per 3.8-kg block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).



**Figure 4.** Mean salt concentration (%) per 3.8-kg block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).

Thus, a cheese with a higher moisture content has a structure that is more porous and has less tortuosity of the water channels within the structure. The higher the degree of tortuosity of the channels of water within structure of a block of cheese, the more slowly salt will penetrate the block (Geurts et al., 1974).

**Brine concentration and presalting.** Resmini et al. (1974) found that salt uptake was faster when a nonsaturated brine (approximately 16%) was used for the first 5 to 6 d of brining followed by a saturated brine until 24 d. This was confirmed by Melilli et al. (2003) in a study of the impact of brine concentration (18% vs. saturated brine) and presalting on the rate of salt penetration in Ragusano cheese at 18°C. The blocks of cheese were segmented into four portions P1 to P4, with the exterior portion as P1 and the interior portion as P4 (Melilli et al., 2003). The cheeses in saturated brine rapidly decreased in porosity near the surface (P1) of the block because of the higher moisture loss from the P1 portion that occurred during the first 4 d. This change in structure of the cheese in the P1 portion



**Figure 5.** Mean moisture concentration (%) per 3.8-kg block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).

**Table 5.** Percent moisture content, in 24 d of brining time, for portions P1, P2, P3, and P4 for each treatment: 12, 15, 18, 21, and 24°C.

Days	P1	P2	P3	P4
<b>12°C</b>				
0	40.69	43.43	43.28	43.35
1	36.29	43.03	43.32	43.40
4	32.26	41.52	43.34	43.82
8	30.16	39.94	42.39	43.45
16	27.32	37.29	40.67	43.01
24	25.92	35.08	39.72	42.26
<b>15°C</b>				
0	40.69	43.43	43.28	43.35
1	35.86	42.96	43.44	43.54
4	31.64	41.32	42.84	43.46
8	29.48	39.36	41.86	43.15
16	26.19	36.75	40.31	42.59
24	25.33	35.47	39.21	42.03
<b>18°C</b>				
0	40.69	43.43	43.28	43.35
1	35.61	42.73	43.21	43.36
4	31.19	40.66	42.45	43.16
8	28.82	38.38	41.26	43.49
16	25.94	35.58	39.43	42.43
24	24.21	33.29	37.78	40.64
<b>21°C</b>				
0	40.69	43.43	43.28	43.35
1	35.30	42.71	43.41	43.41
4	29.95	40.12	42.08	43.30
8	28.01	38.18	41.53	43.15
16	24.79	34.76	38.83	41.77
24	23.82	33.12	37.22	40.53
<b>24°C</b>				
0	40.69	43.43	43.28	43.35
1	34.70	42.14	43.13	43.33
4	29.35	39.13	41.89	43.00
8	27.80	37.52	40.65	42.92
16	25.29	33.42	38.09	41.28
24	25.30	32.42	36.31	39.91

created a larger barrier to entrance of salt from the saturated brine than for cheese in 18% brine. The use of 18% brine during the first 8 d of brining (instead of saturated brine) created less of barrier to salt and moisture movement through portion P1 (i.e., exterior surface) and allowed more rapid penetration of salt into the block and more total salt uptake. Therefore, the use of 18% brine delayed the shrinkage and moisture loss from of the exterior portion of the block and the development of a barrier to salt and moisture movement. Shrinkage (due to moisture loss) of the exterior portion of the block would also increase the tortuosity in portion P1. Presalting of the cheese before brine salting in saturated or 18% brine did not influence the rate of penetration of salt. These results are consistent with the idea of formation of a barrier (i.e., decreased porosity) to moisture and salt migration at the surface of the block, as proposed by Resmini et al. (1974), and higher salt concentration in brine makes this barrier form more rapidly and decreases the rate of salt uptake.

**Brine temperature.** In a study of salt diffusion in White cheese during brining by Turhan and Kaletunç (1992), it was reported that brine temperature (i.e., 4, 12.5, and 20°C), had a significant impact on salt penetration with slower salt penetration at lower temperature because salt diffusivity decreased with decreasing temperature.

In the present study, salt uptake decreased with decreasing brine temperature (Figure 4, Table 3). However, moisture loss also decreased with decreasing brine temperature (Figure 2, Table 3), which would produce a cheese with higher porosity. In a previous study (Melilli et al., 2003) of the impact of brine concentration on salt uptake and moisture loss at 18°C, it was found that lower brine concentration (18% vs. saturated brine) reduced moisture loss from the exterior surface of the cheese, kept the surface more porous, and allowed more salt uptake. Based on the results of the previous study, higher porosity with decreasing brine temperature would be expected to increase the rate of salt penetra-



**Table 6.** Type III sum of the squares and probability values (in parentheses) for the ANOVA analysis of the impact of brine temperature (T) and time (t) of brining on moisture content of cheese portions P1, P2, P3, and P4 within a 15 × 15 × 15 cm block of Ragusano cheese.

Factors	df	P1	P2	P3	P4
Whole plot					
T <sup>1</sup>	4	29.71* (<0.01)	42.37* (<0.01)	17.70* (<0.01)	4.80* (0.01)
W <sup>2</sup>	2	10.94 (0.22)	22.67* (<0.01)	42.81* (<0.01)	45.46* (<0.01)
T × W	8	1.25 (1.00)	1.71 (0.80)	1.27 (0.81)	1.24 (0.44)
Subplot					
t <sup>3</sup>	1	1890.00* (<0.01)	1022.57* (<0.01)	344.20* (<0.01)	64.65* (<0.01)
t × T	4	5.91 (0.79)	13.01* (<0.01)	16.41* (<0.01)	8.98* (<0.01)
t × t	1	458.54* (<0.01)	41.40* (<0.01)	0.57 (0.16)	4.32* (<0.01)
t × t × T	4	7.41 (0.72)	6.08* (0.01)	0.52 (0.77)	0.97 (0.19)
Total SS	89	2816.53	1227.64	457.78	142.51
Error	65	228.76	24.29	18.67	10.00
R <sup>2</sup>		0.92	0.98	0.96	0.93

\*Statistically significant.

<sup>1</sup>T = temperature of brining.

<sup>2</sup>W = week of cheese making.

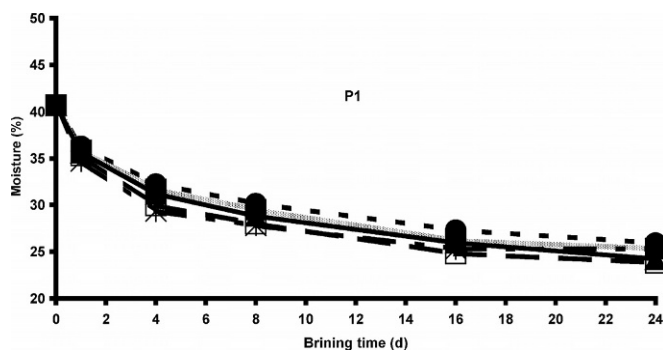
<sup>3</sup>t = time of brining.

tion into the cheese; however, the opposite result (Figure 4, Table 3) was observed in the present study. This would indicate that low brine temperature (12°C), and the increased viscosity of the aqueous phase of the cheese at lower brine temperature (i.e., 12 vs. 24°C), had a larger influence on reducing salt penetration, than the impact of increased porosity of the cheese at 12°C.

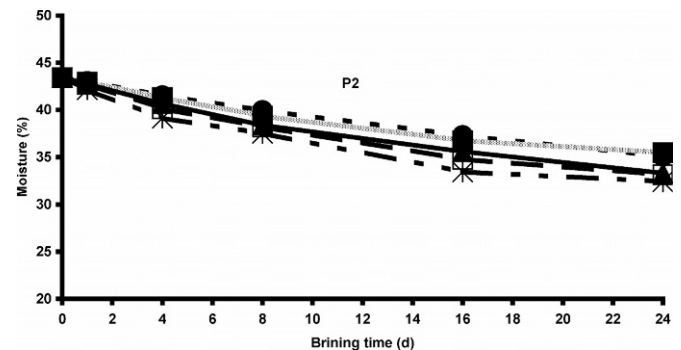
### Influence of Temperature and Salt on the Water Phase of Cheese

The viscosity of milk and the water phase of cheese is higher than pure water. Increased milk protein con-

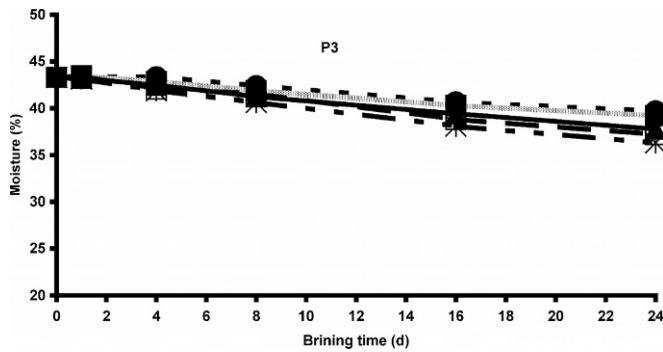
centration in fluid milks caused viscosity to increase (Quiñones et al., 1997, 1998). The difference in viscosity is caused by dissolved substances and dispersed particles (Walstra et al., 1999). The water phase of the cheese contains dissolved minerals, lactose, lactic acid, intact proteins, and proteolysis products. Guo et al. (1997) reported that the protein content of the expressible serum from Mozzarella cheese increased with time of storage and salt content from about 3% CP to nearly 10% CP over a period of 10 d after manufacturing at 4°C. Unsalted cheese had a low concentration of protein in the water phase and maintained a higher expressible



**Figure 6.** Mean moisture (%) in the P1 portion of the block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).



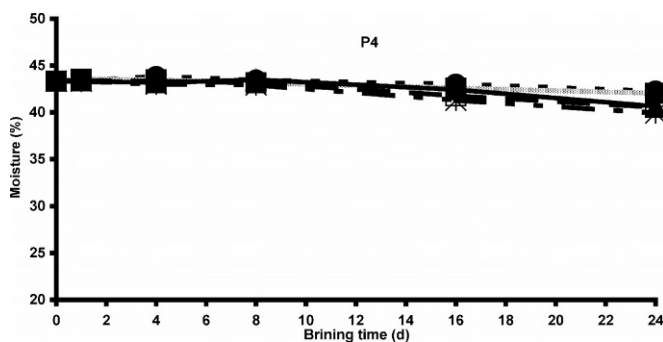
**Figure 7.** Mean moisture (%) in the P2 portion of the block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).



**Figure 8.** Mean moisture (%) in the P3 portion of the block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).

serum during 10 d at 4°C than salted cheese (Guo et al., 1997). Increases in protein concentration and concentration of calcium in the water phase of cheese could cause a large increase in the viscosity of the water phase and would be expected to increase the difficulty of removal of expressible serum from the cheese under constant temperature and g-force, as reported by Guo et al. (1997). The viscosity of milk is temperature dependent, and lower temperature favors higher viscosity (Walstra et al., 1999). The viscosity of the water phase would be temperature dependent, with lower brining temperatures favoring higher viscosity (Payne and Morison, 1999) and slower salt penetration (Turhan and Kaletunç, 1992). Guo and Kindstedt (1995) reported that at temperatures less than 20°C, it was difficult to remove expressible serum from the cheese.

Before transfer of the blocks of cheese into the brine in the present study, they were all at 18°C. For the blocks placed into the 12°C brine, the temperature of cheese decreased throughout the block before any significant salt penetration occurred. The decrease in temperature would cause some movement of caseins (par-



**Figure 9.** Mean moisture (%) in the P4 portion of the block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).

**Table 7.** Percent salt content, in 24 d of brining time, for portions P1, P2, P3, and P4 for each treatment: 12, 15, 18, 21, and 24°C.

Days	P1	P2	P3	P4
<b>12°C</b>				
0	0.07	0.05	0.05	0.04
1	1.05	0.12	0.06	0.04
4	2.68	0.79	0.11	0.04
8	3.46	1.53	0.65	0.19
16	4.22	2.50	1.30	0.42
24	4.57	3.21	1.85	0.84
<b>15°C</b>				
0	0.07	0.05	0.05	0.04
1	1.56	0.20	0.06	0.03
4	2.57	0.76	0.22	0.04
8	3.07	1.54	0.69	0.15
16	3.74	2.37	1.32	0.48
24	4.04	2.93	1.92	0.95
<b>18°C</b>				
0	0.07	0.05	0.05	0.04
1	1.63	0.21	0.04	0.04
4	2.85	1.01	0.33	0.04
8	3.66	1.96	0.97	0.16
16	4.36	3.05	1.82	0.69
24	4.49	3.54	2.41	1.24
<b>21°C</b>				
0	0.07	0.05	0.05	0.04
1	1.81	0.30	0.07	0.06
4	3.19	1.28	0.50	0.10
8	3.38	2.04	0.91	0.28
16	3.94	2.90	1.82	0.71
24	4.34	3.42	2.53	1.41
<b>24°C</b>				
0	0.07	0.05	0.05	0.04
1	1.99	0.39	0.08	0.05
4	3.32	1.52	0.52	0.14
8	3.76	2.24	1.31	0.36
16	4.36	3.43	2.21	0.93
24	4.58	3.73	2.88	1.53

ticularly  $\beta$ -casein) from the casein matrix into the water phase of the cheese due to decreased hydrophobic interactions (Payens, 1979). Movement of  $\beta$ -casein from micelles into the serum phase of milk with decreased temperature causes an increase in viscosity (Walstra et al., 1999). As salt starts to enter the cheese through the porous structure of the P1 portion, the increasing salt in the water channels would be expected to cause transfer of caseins from the matrix into the water phase of the cheese, as observed by Guo et al. (1997). This additional increase in casein concentration in the water phase of cheese near the exterior, in combination with low temperature (e.g., 12°C), would be expected to further reduce the rate of salt penetration and moisture loss due to an increase in viscosity of the water phase compared with cheese at 24°C.

At the same time, the moisture content of the exterior P1 portion of the block was decreasing rapidly (Figure 6) and this caused the porosity of the exterior surface of the cheese to decrease at all brine temperatures. This decrease in porosity coupled with the decrease in

**Table 8.** Type III sum of the squares and probability values (in parentheses) for the ANOVA analysis of the impact of brine temperature (T) and time (t) of brining on salt content of cheese portions P1, P2, P3, and P4 within a 15 × 15 × 15 cm block of Ragusano cheese.

Factors	df	P1	P2	P3	P4
Whole plot					
T <sup>1</sup>	4	1.89* (0.01)	3.82* (<0.01)	2.46* (<0.01)	0.42* (0.01)
W <sup>2</sup>	2	1.12 (0.21)	1.03* (<0.01)	0.62* (<0.01)	0.23* (<0.01)
T × W	8	0.34 (0.99)	0.13 (0.67)	0.09 (0.84)	0.05 (0.23)
Subplot					
t <sup>3</sup>	1	133.85* (<0.01)	125.07* (<0.01)	64.26* (<0.01)	15.95* (<0.01)
t × T	4	0.91 (0.63)	0.73* (<0.01)	1.73* (<0.01)	0.85* (<0.01)
t × t	1	37.72* (<0.01)	7.57* (<0.01)	0.21* (0.01)	0.57* (<0.01)
t × t × T	4	0.36 (0.91)	0.73* (<0.01)	0.19 (0.06)	0.02 (0.32)
Total SS	89	213.52	147.30	72.75	18.37
Error	65	23.05	1.52	1.36	0.33
R <sup>2</sup>		0.89	0.99	0.98	0.98

\*Statistically significant.

<sup>1</sup>T = Temperature of brining.

<sup>2</sup>W = Week of cheese making.

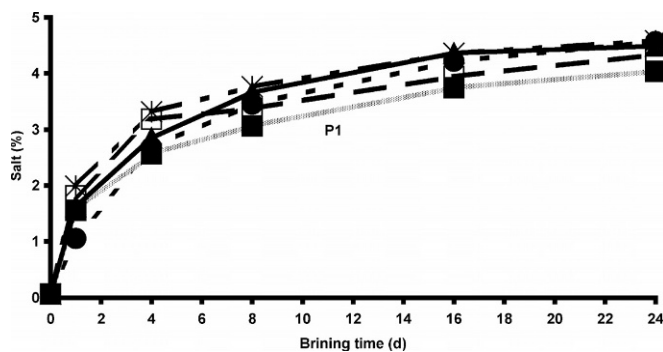
<sup>3</sup>t = Time of brining.

difference in salt concentration between the brine and the aqueous phase of the P1 portion of the cheese begins to slow down the rate of increase of salt content in portion P1 after about 4 d of brining and explains the stronger quadratic effect of time in the P1 portion compared with the other portions (Table 8). Decreased total moisture loss (Figure 2, Table 4) and decreased total salt uptake (Figure 3, Table 4) with decreasing brine temperature were observed in the present study despite the general decrease in porosity near the surface of the blocks that occurred at all temperatures. Thus, brine temperature had a detectable effect that can be seen beyond the large impact of the reduction in porosity at

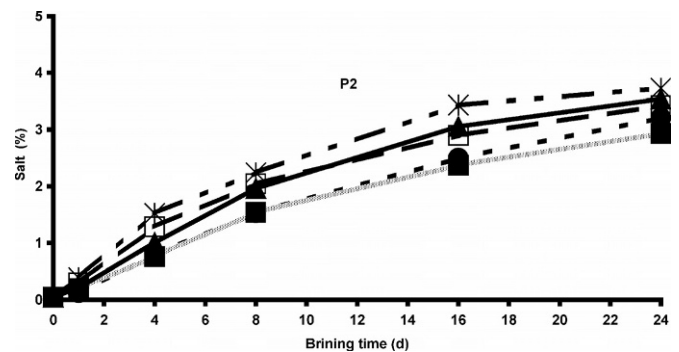
the exterior that was seen in both this and the previous study (Melilli et al., 2003). This is consistent with a separate effect of viscosity vs. porosity, and the results for the effect of brine temperature observed in the present study are consistent with the factors that would increase the viscosity of the aqueous phase of the cheese and retard salt penetration.

#### Influence of Temperature and Salt on Enzymatic and Microbial Action in Cheese

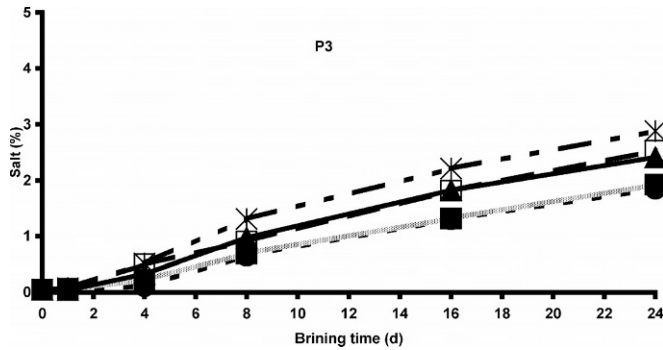
In general, as temperature decreases and salt content increases, the rate of action of enzymes involved in



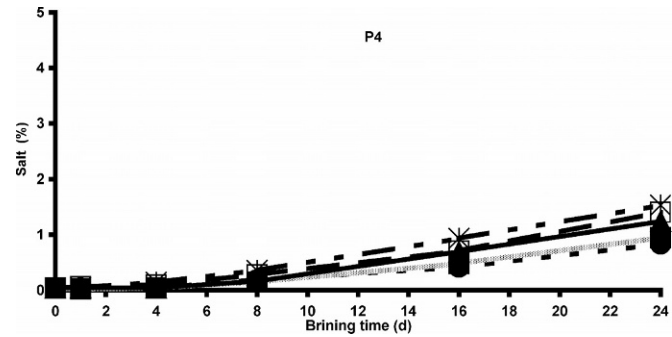
**Figure 10.** Mean salt (%) in the P1 portion of the block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).



**Figure 11.** Mean salt (%) in the P2 portion of the block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).



**Figure 12.** Mean salt (%) in the P3 portion of the block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).



**Figure 13.** Mean salt (%) in the P4 portion of the block. Treatments are brine temperatures of 12 (●), 15 (■), 18 (▲), 21 (□), and 24°C (\*).

flavor development decreases and the probability of gas production by undesirable microorganisms decreases. The salt gradient in Ragusano cheese from the surface to the center has been demonstrated to have a large impact on proteolysis, with production of both pH 4.6 and 12% TCA soluble nitrogen progressively increasing from the exterior (high salt/low moisture) to the center (low salt/high moisture) of the block (Licitra et al., 2000). The level of soluble nitrogen can be as much as twice as high in the center of a 14-kg block of Ragusano cheese than at the surface. The combination of high

salt and low moisture produced this effect. As a result, the texture of the cheese progressively changes from the surface to the center of the block. Lipolysis is an important enzymatic process in the production of the typical aged cheese flavor in Ragusano cheese, with FFA concentration in the cheese increasing with time of aging at 18°C (Licitra et al., 2000). The impact of salt and moisture gradients on the FFA content of Ragusano cheese at various locations from the surface to the center of the cheese is not known.

The salt and moisture gradients within blocks of brine-salted cheeses also influence the growth of unde-

**Table 9.** Type III sum of the squares and probability values (in parentheses) for the ANOVA analysis of the impact of brine temperature (T) and time (t) of brining on fat content of cheese portions P1, P2, P3, and P4 within a 15 × 15 × 15 cm block of Ragusano cheese.

Factors	df	P1	P2	P3	P4 <sup>4</sup>
Whole plot					
T <sup>1</sup>	4	5.02 (0.41)	8.30* (0.02)	2.76 (0.47)	2.06 ...
W <sup>2</sup>	2	25.03* (0.01)	10.10* (0.02)	12.42* (0.01)	15.99 ...
T × W	8	9.02 (0.88)	3.32 (0.96)	5.71 (0.83)	11.29 ...
Subplot					
t <sup>3</sup>	1	292.94* (<0.01)	144.12* (<0.01)	38.90* (<0.01)	5.23 ...
t × T	4	7.79 (0.54)	2.37 (0.77)	3.68 (0.61)	1.21 ...
t × t	1	70.99* (<0.01)	0.58 (0.51)	0.23 (0.68)	1.05 ...
t × t × T	4	2.37 (0.91)	4.88 (0.45)	0.84 (0.96)	2.06 ...
Total SS	89	615.70	265.61	154.60	102.60
Error	65	162.76	85.44	88.10	65.50
R <sup>2</sup>		0.74	0.68	0.43	0.36

\*Statistically significant.

<sup>1</sup>T = Temperature of brining.

<sup>2</sup>W = Week of cheese making.

<sup>3</sup>t = Time of brining.

<sup>4</sup>ANOVA model not significant, therefore only sum of squares shown for model terms.

sirable bacteria that can produce gas. Ragusano cheese is typically made from raw milk without the addition of a starter culture (Licitra et al., 1998). Natural microflora, both desirable and undesirable, can be present in the milk and cheese. Undesirable microflora (*Escherichia*, *Aerobacter*, and yeasts) can produce early gas defect in cheese (Chapman and Sharpe, 1990). There are many factors that help control the growth of undesirable microflora, and they include sanitation and reduction of undesirable bacterial contamination of milk both at the farm and during the cheese making, proper control of temperature, and rate of acidification by the native lactic acid-producing bacteria during cheese making, lower temperature of aging, and increased rate of salt penetration and concentration of salt in the cheese. The presence of these bacteria in cheese is dependent on the initial contamination level in the milk and their growth is favored by slow acid production during the cheese-making process (Choisy et al., 1987). Coliform bacteria are acid sensitive, and this sensitivity is greater due to the combination with other factors such as increasing salt concentration or lower water activity (Choisy et al., 1987). In a previous study (Melilli et al., 2003), it was reported that using brine at 18°C that was not fully saturated (i.e., 18 vs. 26%) doubled the rate of salt penetration into the center (i.e., P4 portion) of the cheese, so the same salt content was achieved in the center of the cheese in 12 d instead of 24 d. In the present study using saturated brine, it was observed that reducing brining temperature from 18 to 12°C decreased the amount of salt that penetrated to the center of the cheese by about 32% (Table 7, Figure 13), and therefore it would be expected that at 12°C using saturated brine it would take a much longer time of brining to achieve the same salt content in the center of the cheese as when saturated brine and 18°C are used for 24 d. The approach of using higher (i.e., 24 vs. 18°C) brine temperature and lower brine concentration (i.e., 18% vs. saturated) would promote faster salt uptake, but the higher temperature during the first 48 h of brining would probably promote the rapid growth of gas producing organisms in the center of the block, where the salt concentration would still be very low (Figure 13). The data in the present study is for 3.5-kg blocks, so the time for penetration of salt to the center of the block (in the full size 15-kg blocks) would probably make this combination of conditions (i.e., high brine temperature and low brine concentration) unsuccessful in reducing gas problems. It is difficult to predict exactly from the data in the previous (Melilli et al., 2003) and the present study what the combined effect of a reduction in brine concentration and brine temperature would be on salt penetration to the center of the cheese and on gas production. It is possible that the combina-

tion of lower salt concentration in brine and lower brine temperature could achieve the same salt concentration in the center of the cheese in 24 d and provide an additional benefit of slowing the growth of undesirable gas producing bacteria.

## CONCLUSIONS

Ragusano cheese is normally salted in saturated brine at 18°C. Decreasing the temperature (from 24 to 12°C) of saturated brine used for brine salting in the present study, decreased the rate of salt uptake by the blocks of cheese, but the reduction in the amount of salt penetration due to decreasing brine temperature from 18 to 12°C in the present study was not as large as the increase in the rate of salt penetration due to decreasing brine concentration (from saturated to 18%) observed in the previous study (Melilli et al., 2003). It was concluded that the decrease in salt penetration at lower brine temperature was caused by an increase in viscosity of the water phase of the cheese, whereas the mechanism of the impact of changing brine concentration was due an impact on the porosity of the cheese. As brine concentration increases, porosity of the cheese at the surface decreases and impedes salt penetration. During the first few days of brine salting, the porosity near the surface of all cheeses at all brining temperatures decreased due to the large decrease in moisture content. Because the impact of brining temperature on salt penetration was due to a mechanism other than a change in porosity of the cheese, it was possible to detect the impact of brining temperature on rate of salt penetration even when the porosity near the surface of the cheeses at all brining temperatures was decreasing.

Decreasing brine temperature can reduce the growth and gas production by undesirable microorganisms in the cheese. The relative impact of higher salt concentration versus lower temperature of brining on gas production by undesirable microorganisms will probably vary depending on the specific type(s) of gas-producing organism present. It may be possible with a combination of a reduction in brine concentration plus a lower brining temperature to achieve the same total salt penetration into the center of cheese in the same amount of time during brining, but to accomplish it at a lower temperature. This could reduce the probability of early gas defect development in Ragusano cheese.

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